



BUT WHY

# A Learning Guide

Kindergarten to Grade 3

*But Why* is a podcast led by you, kids! It's a big interesting world out there. Kids all over the world send us questions, and we find the answers. We've created these learning guides to be used in a classroom setting or at home. Listen to each episode and use this guide to deepen your understanding of what you've heard.

Find more episodes at [butwhykids.org](https://butwhykids.org).

## Why do horses sleep standing up?

**BIG QUESTION:** How do horses' legs move? - June, 3

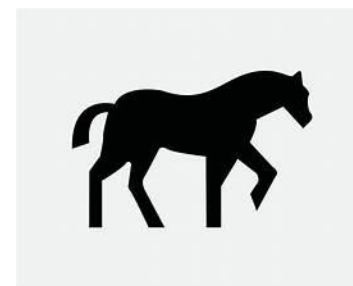
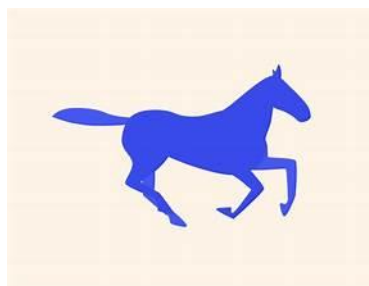
Let's move like a horse!

**Walk like horse on two feet**

In a four-beat gait for a horse,  
each hoof hits the ground separately.  
The average speed is about 4 miles per hour.

**Gallop like a horse on two feet.**

A four-beat gait for a horse is the  
fastest gait, with a distinct pause between strides.  
The average speed can exceed 25 miles per hour.



Watch:

[Sesame Street](#)  
[Move Like a](#)  
[Horse Video](#)



Ask an expert. Who?

---

---

---

Find a safe source. Where?

---

---

---

What will you ask?

---

---

---

What other  
questions do you  
have about this  
topic? How will  
you find the  
answer?