A Learning Guide
Kindergarten to Grade 3

What makes you happy?

BIG QUESTION: Why do we smile when we’re happy? - Mary Kate, 6

Let’s explore emotion. What makes you happy?
Draw or write about a time you were happy.

How Are You Feeling?

- Happy
- Sad
- Scared
- Mad

Circle the emotion that fits your mood.

Ask an expert. Who?

Find a safe source. Where?

What will you ask?

But Why is a podcast led by you, kids! It’s a big interesting world out there. Kids all over the world send us questions, and we find the answers. We’ve created these learning guides to be used in a classroom setting or at home. Listen to each episode and use this guide to deepen your understanding of what you’ve heard.

Find more episodes at butwhykids.org.

Common Core Standards CCSS.ELA-Literacy.RI.K.2

What other questions do you have about this topic? How will you find the answer?

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