

Sep 1-7								
TIME	Monday, September 1, 2025	Tuesday, September 2, 2025	Wednesday, September 3, 2025	Thursday, September 4, 2025	Friday, September 5, 2025	Saturday, September 6, 2025	Sunday, September 7, 2025	TIME
12:00 AM	Adventures with Purpose Basel & Lucerne	This Old House	This Old House	This Old House	This Old House	This Old House	Adventures with Purpose Costa Rica	12:00 AM
12:30 AM		Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House		12:30 AM
1:00 AM	The Jazzy Vegetarian	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	The Jazzy Vegetarian	1:00 AM
1:30 AM	Christina Cooks: Back to Cutting Board	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Christina Cooks: Back to Cutting Board	1:30 AM
2:00 AM	The Legacy List with Matt Paxton	Gardenfit	The Legacy List with Matt Paxton	America The Bountiful	Modern Pioneering with Georgia Pellegrini	Classical Stretch: By Essentrics	Classical Stretch: By Essentrics	2:00 AM
2:30 AM		J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Family Plot: Gardening in Mid-South	Yndi Yoga	Happy Yoga with Sarah Starr	2:30 AM
3:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Fons & Porter's Love of Quilting	It's Sew Easy	3:00 AM
3:30 AM	Painting and Travel	Paint This with Jerry Yamell	Joy of Painting with Nicholas Hankins	Pocket Sketching with Kath Macaulay	Painting and Travel	Canvasing The World	Painting and Travel	3:30 AM
4:00 AM	This Old House	This Old House	This Old House	This Old House	This Old House	Ask This Old House	Classical Stretch: By Essentrics	4:00 AM
4:30 AM	Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House	This Old House	Classical Stretch: By Essentrics	4:30 AM
5:00 AM	Dining with the Chef	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	Growing A Greener World	The Jazzy Vegetarian	5:00 AM
5:30 AM	Fresh Glass	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Garden Smart	Christina Cooks: Back to Cutting Board	5:30 AM
6:00 AM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly	Daytripper	Bare Feet with Mickela Mallozzi	Cycle Around Japan Highlights	Yoga In Practice	Trails to Oishii Tokyo	6:00 AM
6:30 AM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Yndi Yoga	Journeys In Japan	6:30 AM
7:00 AM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Happy Yoga with Sarah Starr	J Schwanke's Life In Bloom	7:00 AM
7:30 AM	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Classical Stretch: By Essentrics	Family Plot: Gardening in Mid-South	7:30 AM
8:00 AM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	Gardenfit	Yoga In Practice	8:00 AM
8:30 AM	New Scandinavian Cooking	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Yoga In Practice	Yndi Yoga	8:30 AM
9:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Yndi Yoga	Happy Yoga with Sarah Starr	9:00 AM
9:30 AM	Painting and Travel	Paint This with Jerry Yamell	Joy of Painting with Nicholas Hankins	Pocket Sketching with Kath Macaulay	Painting and Travel	Happy Yoga with Sarah Starr	Classical Stretch: By Essentrics	9:30 AM
10:00 AM	This Old House	This Old House	This Old House	This Old House	This Old House	Classical Stretch: By Essentrics	Gardenfit	10:00 AM
10:30 AM	Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House	Yoga In Practice	Yoga In Practice	10:30 AM
11:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	This Old House	Yndi Yoga	11:00 AM
11:30 AM	America's Test Kitchen	Cook's Country	America's Test Kitchen	Cook's Country	America's Test Kitchen	Ask This Old House	Happy Yoga with Sarah Starr	11:30 AM
12:00 PM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	America's Test Kitchen	Classical Stretch: By Essentrics	12:00 PM
12:30 PM	Fresh Glass	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Cook's Country	Yoga In Practice	12:30 PM
1:00 PM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly	Daytripper	Bare Feet with Mickela Mallozzi	Cycle Around Japan Highlights	Adventures with Purpose Costa Rica	Table for All with Buki Elegbede	1:00 PM
1:30 PM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love		Steven Raichlen's Planet Barbecue	1:30 PM
2:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Louisiana Coastal Cooking	2:00 PM
2:30 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Christopher Kimball's Milk Street TV	Lidia's Kitchen	2:30 PM
3:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle	Kitchen Queens: New Orleans	Kevin Belton's Cookin' Louisiana	Milk Street's My Family Recipe	Christopher Kimball's Milk Street TV	To Dine for with Kate Sullivan	3:00 PM
3:30 PM	Cook's Country	Table for All with Buki Elegbede	Cook's Country	Pati's Mexican Table	Cook's Country	Pati's Mexican Table	Cook's Country	3:30 PM
4:00 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV	Lidia's Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	The Legacy List with Matt Paxton	The Legacy List with Matt Paxton	4:00 PM
4:30 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede			4:30 PM
5:00 PM	Growing A Greener World	P. Allen Smith's Garden Home	Garden Smart	Garden Smart	Yoga In Practice	Best of the Joy of Painting	Yoga In Practice	5:00 PM
5:30 PM	Family Plot: Gardening in Mid-South	Family Plot: Gardening in Mid-South	Family Plot: Gardening in Mid-South	Family Plot: Gardening in Mid-South	Yndi Yoga	Best of the Joy of Painting	Yndi Yoga	5:30 PM
6:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Happy Yoga with Sarah Starr	Adventures with Purpose Costa Rica	Adventures with Purpose Geneva	6:00 PM
6:30 PM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Classical Stretch: By Essentrics			6:30 PM
7:00 PM	Islands Without Cars	Family Travel with Colleen Kelly	Daytripper	Bare Feet with Mickela Mallozzi	Gardenfit	Baking with Julia	New Scandinavian Cooking	7:00 PM
7:30 PM	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Yoga In Practice	Pati's Mexican Table	George Hirsch Lifestyle	7:30 PM
8:00 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Yndi Yoga	Steven Raichlen's Project Fire	Christopher Kimball's Milk Street TV	8:00 PM
8:30 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV	Lidia's Kitchen	Christopher Kimball's Milk Street TV	Happy Yoga with Sarah Starr	Cook's Country	America's Test Kitchen	8:30 PM
9:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle	Kitchen Queens: New Orleans	Kevin Belton's Cookin' Louisiana	Classical Stretch: By Essentrics	Healthful Indian Flavors	America's Test Kitchen	9:00 PM
9:30 PM	Cook's Country	Table for All with Buki Elegbede	Cook's Country	Pati's Mexican Table	Yoga In Practice	The Jazzy Vegetarian	Christina Cooks: Back to Cutting Board	9:30 PM
10:00 PM	Growing A Greener World	P. Allen Smith's Garden Home	Garden Smart	Garden Smart	America's Test Kitchen	Best of the Joy of Painting	Yoga In Practice	10:00 PM
10:30 PM	Family Plot: Gardening in Mid-South	Family Plot: Gardening in Mid-South	Family Plot: Gardening in Mid-South	Family Plot: Gardening in Mid-South	Table for All with Buki Elegbede	Best of the Joy of Painting	Yndi Yoga	10:30 PM
11:00 PM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	The Legacy List with Matt Paxton	The Legacy List with Matt Paxton	11:00 PM
11:30PM	New Scandinavian Cooking	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen			11:30PM

Sep 8-14								
TIME	Monday, September 8, 2025	Tuesday, September 9, 2025	Wednesday, September 10, 2025	Thursday, September 11, 2025	Friday, September 12, 2025	Saturday, September 13, 2025	Sunday, September 14, 2025	TIME
12:00 AM	Adventures with Purpose Geneva	This Old House	This Old House	This Old House	This Old House	This Old House	Adventures with Purpose Greece	12:00 AM
12:30 AM		Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House		12:30 AM
1:00 AM	The Jazzy Vegetarian	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	The Jazzy Vegetarian	1:00 AM
1:30 AM	Christina Cooks: Back to Cutting Board	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Christina Cooks: Back to Cutting Board	1:30 AM
2:00 AM	The Legacy List with Matt Paxton	Gardenfit	The Legacy List with Matt Paxton	America The Bountiful	Modern Pioneering with Georgia Pellegrini	Classical Stretch: By Essentrics	Classical Stretch: By Essentrics	2:00 AM
2:30 AM		J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Family Plot: Gardening in Mid-South	Yndi Yoga	Happy Yoga with Sarah Starr	2:30 AM
3:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Fons & Porter's Love of Quilting	It's Sew Easy	3:00 AM
3:30 AM	Painting and Travel	Paint This with Jerry Yamell	Joy of Painting with Nicholas Hankins	Pocket Sketching with Kath Macaulay	Painting and Travel	Canvasing The World	Painting and Travel	3:30 AM
4:00 AM	This Old House	This Old House	This Old House	This Old House	This Old House	Ask This Old House	Classical Stretch: By Essentrics	4:00 AM
4:30 AM	Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House	This Old House	Classical Stretch: By Essentrics	4:30 AM
5:00 AM	Dining with the Chef	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	Growing A Greener World	The Jazzy Vegetarian	5:00 AM
5:30 AM	Fresh Glass	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Garden Smart	Christina Cooks: Back to Cutting Board	5:30 AM
6:00 AM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly	Daytripper	Bare Feet with Mickela Mallozzi	Cycle Around Japan Highlights	Best of Sewing with Nancy	Trails to Oishii Tokyo	6:00 AM
6:30 AM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	It's Sew Easy	Journeys In Japan	6:30 AM
7:00 AM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Fit 2 Stitch	J Schwanke's Life In Bloom	7:00 AM
7:30 AM	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Fons & Porter's Love of Quilting	Family Plot: Gardening in Mid-South	7:30 AM
8:00 AM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	Fresh Quilting	Best of Sewing with Nancy	8:00 AM
8:30 AM	New Scandinavian Cooking	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Best of Sewing with Nancy	It's Sew Easy	8:30 AM
9:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	It's Sew Easy	Fit 2 Stitch	9:00 AM
9:30 AM	Painting and Travel	Paint This with Jerry Yamell	Joy of Painting with Nicholas Hankins	Pocket Sketching with Kath Macaulay	Painting and Travel	Fit 2 Stitch	Fons & Porter's Love of Quilting	9:30 AM
10:00 AM	This Old House	This Old House	This Old House	This Old House	This Old House	Fons & Porter's Love of Quilting	Fresh Quilting	10:00 AM
10:30 AM	Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House	It's Sew Easy	Best of Sewing with Nancy	10:30 AM
11:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	This Old House	It's Sew Easy	11:00 AM
11:30 AM	America's Test Kitchen	Cook's Country	America's Test Kitchen	Cook's Country	America's Test Kitchen	Ask This Old House	Fit 2 Stitch	11:30 AM
12:00 PM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	America's Test Kitchen	Fons & Porter's Love of Quilting	12:00 PM
12:30 PM	Fresh Glass	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Cook's Country	It's Sew Easy	12:30 PM
1:00 PM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly	Daytripper	Bare Feet with Mickela Mallozzi	Cycle Around Japan Highlights	Adventures with Purpose Greece	Table for All with Buki Elegbede	1:00 PM
1:30 PM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love		Steven Raichlen's Planet Barbecue	1:30 PM
2:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Louisiana Coastal Cooking	2:00 PM
2:30 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Christopher Kimball's Milk Street TV	Lidia's Kitchen	2:30 PM
3:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle	Kitchen Queens: New Orleans	Kevin Belton's Cookin' Louisiana	Milk Street's My Family Recipe	Christopher Kimball's Milk Street TV	To Dine for with Kate Sullivan	3:00 PM
3:30 PM	Cook's Country	Table for All with Buki Elegbede	Cook's Country	Pati's Mexican Table	Cook's Country	Pati's Mexican Table	Cook's Country	3:30 PM
4:00 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV	Lidia's Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	The Legacy List with Matt Paxton	The Legacy List with Matt Paxton	4:00 PM
4:30 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede			4:30 PM
5:00 PM	Happy Yoga with Sarah Starr	Gardenfit	Yndi Yoga	Classical Stretch: By Essentrics	Best of Sewing with Nancy	Best of the Joy of Painting	Best of Sewing with Nancy	5:00 PM
5:30 PM	Classical Stretch: By Essentrics	Yoga In Practice	Happy Yoga with Sarah Starr	Yoga In Practice	It's Sew Easy	Best of the Joy of Painting	It's Sew Easy	5:30 PM
6:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Fit 2 Stitch	Adventures with Purpose Greece	Adventures with Purpose Hong Kong	6:00 PM
6:30 PM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Fons & Porter's Love of Quilting			6:30 PM
7:00 PM	Islands Without Cars	Family Travel with Colleen Kelly	Daytripper	Bare Feet with Mickela Mallozzi	Fresh Quilting	Baking with Julia	New Scandinavian Cooking	7:00 PM
7:30 PM	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of Sewing with Nancy	Pati's Mexican Table	George Hirsch Lifestyle	7:30 PM
8:00 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	It's Sew Easy	Steven Raichlen's Project Fire	Christopher Kimball's Milk Street TV	8:00 PM
8:30 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV	Lidia's Kitchen	Christopher Kimball's Milk Street TV	Fit 2 Stitch	Cook's Country	America's Test Kitchen	8:30 PM
9:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle	Kitchen Queens: New Orleans	Kevin Belton's Cookin' Louisiana	Fons & Porter's Love of Quilting	Healthful Indian Flavors	America's Test Kitchen	9:00 PM
9:30 PM	Cook's Country	Table for All with Buki Elegbede	Cook's Country	Pati's Mexican Table	It's Sew Easy	The Jazzy Vegetarian	Christina Cooks: Back to Cutting Board	9:30 PM
10:00 PM	Happy Yoga with Sarah Starr	Gardenfit	Yndi Yoga	Classical Stretch: By Essentrics	America's Test Kitchen	Best of the Joy of Painting	Best of Sewing with Nancy	10:00 PM
10:30 PM	Classical Stretch: By Essentrics	Yoga In Practice	Happy Yoga with Sarah Starr	Yoga In Practice	Table for All with Buki Elegbede	Best of the Joy of Painting	It's Sew Easy	10:30 PM
11:00 PM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	The Legacy List with Matt Paxton	The Legacy List with Matt Paxton	11:00 PM
11:30PM	New Scandinavian Cooking	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen			11:30PM

Sep 15-21								
TIME	Monday, September 15, 2025	Tuesday, September 16, 2025	Wednesday, September 17, 2025	Thursday, September 18, 2025	Friday, September 19, 2025	Saturday, September 20, 2025	Sunday, September 21, 2025	TIME
12:00 AM	Adventures with Purpose Hong Kong	This Old House	This Old House	This Old House	This Old House	This Old House	Adventures with Purpose Morocco	12:00 AM
12:30 AM		Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House		12:30 AM
1:00 AM	The Jazzy Vegetarian	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	The Jazzy Vegetarian	1:00 AM
1:30 AM	Christina Cooks: Back to Cutting Board	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Christina Cooks: Back to Cutting Board	1:30 AM
2:00 AM	The Legacy List with Matt Paxton	Gardenfit	The Legacy List with Matt Paxton	America The Bountiful	Modern Pioneering with Georgia Pellegrini	Classical Stretch: By Essentrics	Classical Stretch: By Essentrics	2:00 AM
2:30 AM		J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Family Plot: Gardening in Mid-South	Yndi Yoga	Happy Yoga with Sarah Starr	2:30 AM
3:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Fons & Porter's Love of Quilting	It's Sew Easy	3:00 AM
3:30 AM	Painting and Travel	Paint This with Jerry Yamell	Joy of Painting with Nicholas Hankins	Pocket Sketching with Kath Macaulay	Painting and Travel	Canvasing The World	Painting and Travel	3:30 AM
4:00 AM	This Old House	This Old House	This Old House	This Old House	This Old House	Ask This Old House	Classical Stretch: By Essentrics	4:00 AM
4:30 AM	Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House	This Old House	Classical Stretch: By Essentrics	4:30 AM
5:00 AM	Dining with the Chef	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	Growing A Greener World	The Jazzy Vegetarian	5:00 AM
5:30 AM	Fresh Glass	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Garden Smart	Christina Cooks: Back to Cutting Board	5:30 AM
6:00 AM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly	Daytripper	View Finders	Cycle Around Japan Highlights	Pati's Mexican Table	Trails to Oishii Tokyo	6:00 AM
6:30 AM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love	Pati's Mexican Table	Journeys In Japan	6:30 AM
7:00 AM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Pati's Mexican Table	J Schwanke's Life In Bloom	7:00 AM
7:30 AM	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Pati's Mexican Table	Family Plot: Gardening in Mid-South	7:30 AM
8:00 AM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	Pati's Mexican Table	Pati's Mexican Table	8:00 AM
8:30 AM	New Scandinavian Cooking	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Pati's Mexican Table	Pati's Mexican Table	8:30 AM
9:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Pati's Mexican Table	Pati's Mexican Table	9:00 AM
9:30 AM	Painting and Travel	Paint This with Jerry Yamell	Joy of Painting with Nicholas Hankins	Pocket Sketching with Kath Macaulay	Painting and Travel	Pati's Mexican Table	Pati's Mexican Table	9:30 AM
10:00 AM	This Old House	This Old House	This Old House	This Old House	This Old House	Pati's Mexican Table	Pati's Mexican Table	10:00 AM
10:30 AM	Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House	Pati's Mexican Table	Pati's Mexican Table	10:30 AM
11:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	This Old House	Pati's Mexican Table	11:00 AM
11:30 AM	America's Test Kitchen	Cook's Country	America's Test Kitchen	Cook's Country	America's Test Kitchen	Ask This Old House	Pati's Mexican Table	11:30 AM
12:00 PM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	America's Test Kitchen	Pati's Mexican Table	12:00 PM
12:30 PM	Fresh Glass	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Cook's Country	Pati's Mexican Table	12:30 PM
1:00 PM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly	Daytripper	View Finders	Cycle Around Japan Highlights	Adventures with Purpose Morocco	Table for All with Buki Elegbede	1:00 PM
1:30 PM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love		Steven Raichlen's Planet Barbecue	1:30 PM
2:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Louisiana Coastal Cooking	2:00 PM
2:30 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Homemade Live!	Christopher Kimball's Milk Street TV	Lidia's Kitchen	2:30 PM
3:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle	Kitchen Queens: New Orleans	Kevin Belton's Cookin' Louisiana	Milk Street's My Family Recipe	Christopher Kimball's Milk Street TV	To Dine for with Kate Sullivan	3:00 PM
3:30 PM	Cook's Country	Les Stroud's Wild Harvest	Cook's Country	Pati's Mexican Table	Cook's Country	Pati's Mexican Table	Cook's Country	3:30 PM
4:00 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV	Lidia's Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	The Legacy List with Matt Paxton	The Legacy List with Matt Paxton	4:00 PM
4:30 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Homemade Live!			4:30 PM
5:00 PM	Fit 2 Stitch	Fresh Quilting	It's Sew Easy	Fons & Porter's Love of Quilting	Pati's Mexican Table	Best of the Joy of Painting	Pati's Mexican Table	5:00 PM
5:30 PM	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Fit 2 Stitch	It's Sew Easy	Pati's Mexican Table	Best of the Joy of Painting	Pati's Mexican Table	5:30 PM
6:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Pati's Mexican Table	Adventures with Purpose Morocco	Adventures with Purpose Morocco	6:00 PM
6:30 PM	Weekends with Yankee	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Steppin' Out	Pati's Mexican Table			6:30 PM
7:00 PM	Islands Without Cars	Family Travel with Colleen Kelly	Daytripper	View Finders	Pati's Mexican Table	Baking with Julia	New Scandinavian Cooking	7:00 PM
7:30 PM	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Pati's Mexican Table	Pati's Mexican Table	George Hirsch Lifestyle	7:30 PM
8:00 PM	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Table for All with Buki Elegbede	Pati's Mexican Table	Steven Raichlen's Project Fire	Christopher Kimball's Milk Street TV	8:00 PM
8:30 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV	Lidia's Kitchen	Christopher Kimball's Milk Street TV	Pati's Mexican Table	Cook's Country	America's Test Kitchen	8:30 PM
9:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle	Kitchen Queens: New Orleans	Kevin Belton's Cookin' Louisiana	Pati's Mexican Table	Healthful Indian Flavors	America's Test Kitchen	9:00 PM
9:30 PM	Cook's Country	Les Stroud's Wild Harvest	Cook's Country	Pati's Mexican Table	Pati's Mexican Table	The Jazzy Vegetarian	Christina Cooks: Back to Cutting Board	9:30 PM
10:00 PM	Fit 2 Stitch	Fresh Quilting	It's Sew Easy	Fons & Porter's Love of Quilting	America's Test Kitchen	Best of the Joy of Painting	Pati's Mexican Table	10:00 PM
10:30 PM	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Fit 2 Stitch	It's Sew Easy	Homemade Live!	Best of the Joy of Painting	Pati's Mexican Table	10:30 PM
11:00 PM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	The Legacy List with Matt Paxton	The Legacy List with Matt Paxton	11:00 PM
11:30PM	New Scandinavian Cooking	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen			11:30PM

Sep 22-28								
TIME	Monday, September 22, 2025	Tuesday, September 23, 2025	Wednesday, September 24, 2025	Thursday, September 25, 2025	Friday, September 26, 2025	Saturday, September 27, 2025	Sunday, September 28, 2025	TIME
12:00 AM	Adventures with Purpose Morocco	This Old House	This Old House	This Old House	This Old House	This Old House	Adventures with Purpose Norway	12:00 AM
12:30 AM		Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House		12:30 AM
1:00 AM	The Jazzy Vegetarian	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	The Jazzy Vegetarian	1:00 AM
1:30 AM	Christina Cooks: Back to Cutting Board	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Christina Cooks: Back to Cutting Board	1:30 AM
2:00 AM	The Legacy List with Matt Paxton	Gardenfit	The Legacy List with Matt Paxton	America The Bountiful	Modern Pioneering with Georgia Pellegrini	Classical Stretch: By Essentrics	Classical Stretch: By Essentrics	2:00 AM
2:30 AM		J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Family Plot: Gardening in Mid-South	Yndi Yoga	Happy Yoga with Sarah Starr	2:30 AM
3:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Fons & Porter's Love of Quilting	It's Sew Easy	3:00 AM
3:30 AM	Painting and Travel	Paint This with Jerry Yamell	Joy of Painting with Nicholas Hankins	Pocket Sketching with Kath Macaulay	Painting and Travel	Canvasing The World	Painting and Travel	3:30 AM
4:00 AM	This Old House	This Old House	This Old House	This Old House	This Old House	Ask This Old House	Classical Stretch: By Essentrics	4:00 AM
4:30 AM	Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House	This Old House	Classical Stretch: By Essentrics	4:30 AM
5:00 AM	Dining with the Chef	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	Growing A Greener World	The Jazzy Vegetarian	5:00 AM
5:30 AM	Fresh Glass	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Garden Smart	Christina Cooks: Back to Cutting Board	5:30 AM
6:00 AM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly	Daytripper	View Finders	Cycle Around Japan Highlights	Rick Steves Art of Europe	Trails to Oishii Tokyo	6:00 AM
6:30 AM	Weekends with Yankee	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love		Journeys In Japan	6:30 AM
7:00 AM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves Art of Europe	J Schwanke's Life In Bloom	7:00 AM
7:30 AM	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting		Family Plot: Gardening in Mid-South	7:30 AM
8:00 AM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	Rick Steves Art of Europe	Rick Steves Art of Europe	8:00 AM
8:30 AM	New Scandinavian Cooking	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen			8:30 AM
9:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	Rick Steves Art of Europe	Rick Steves Art of Europe	9:00 AM
9:30 AM	Painting and Travel	Paint This with Jerry Yamell	Joy of Painting with Nicholas Hankins	Pocket Sketching with Kath Macaulay	Painting and Travel			9:30 AM
10:00 AM	This Old House	This Old House	This Old House	This Old House	This Old House	Rick Steves Art of Europe	Rick Steves Art of Europe	10:00 AM
10:30 AM	Ask This Old House	J Schwanke's Life In Bloom	Yndi Yoga	Yoga In Practice	Ask This Old House			10:30 AM
11:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy	Fit 2 Stitch	Fons & Porter's Love of Quilting	Best of Sewing with Nancy	This Old House	Rick Steves Art of Europe	11:00 AM
11:30 AM	America's Test Kitchen	Cook's Country	America's Test Kitchen	Cook's Country	America's Test Kitchen	Ask This Old House		11:30 AM
12:00 PM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	America's Test Kitchen	Rick Steves Art of Europe	12:00 PM
12:30 PM	Fresh Glass	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen	Cook's Country		12:30 PM
1:00 PM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly	Daytripper	View Finders	Cycle Around Japan Highlights	Adventures with Purpose Norway	Homemade Live!	1:00 PM
1:30 PM	Weekends with Yankee	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love		Steven Raichlen's Planet Barbecue	1:30 PM
2:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Louisiana Coastal Cooking	2:00 PM
2:30 PM	Homemade Live!	Homemade Live!	Homemade Live!	Homemade Live!	Homemade Live!	Christopher Kimball's Milk Street TV	The Life of Loi: Mediterranean Secrets	2:30 PM
3:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle	Kitchen Queens: New Orleans	Kevin Belton's Cookin' Louisiana	Milk Street's My Family Recipe	Christopher Kimball's Milk Street TV	To Dine for with Kate Sullivan	3:00 PM
3:30 PM	Cook's Country	Les Stroud's Wild Harvest	Cook's Country	Pati's Mexican Table	Cook's Country	Pati's Mexican Table	Cook's Country	3:30 PM
4:00 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV	The Life of Loi: Mediterranean Secrets	Christopher Kimball's Milk Street TV	America's Test Kitchen	The Legacy List with Matt Paxton	The Legacy List with Matt Paxton	4:00 PM
4:30 PM	Homemade Live!	Homemade Live!	Homemade Live!	Homemade Live!	Homemade Live!			4:30 PM
5:00 PM	Pati's Mexican Table	Pati's Mexican Table	Pati's Mexican Table	Pati's Mexican Table	Rick Steves Art of Europe	Best of the Joy of Painting	Rick Steves Art of Europe	5:00 PM
5:30 PM	Pati's Mexican Table	Pati's Mexican Table	Pati's Mexican Table	Pati's Mexican Table		Best of the Joy of Painting		5:30 PM
6:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves Art of Europe	Adventures with Purpose Norway	Adventures with Purpose Pearl River Delta	6:00 PM
6:30 PM	Weekends with Yankee	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love	Joseph Rosendo's Steppin' Out				6:30 PM
7:00 PM	Islands Without Cars	Family Travel with Colleen Kelly	Daytripper	View Finders	Rick Steves Art of Europe	Baking with Julia	New Scandinavian Cooking	7:00 PM
7:30 PM	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting		Pati's Mexican Table	George Hirsch Lifestyle	7:30 PM
8:00 PM	Homemade Live!	Homemade Live!	Homemade Live!	Homemade Live!	Rick Steves Art of Europe	Steven Raichlen's Project Fire	Christopher Kimball's Milk Street TV	8:00 PM
8:30 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV	The Life of Loi: Mediterranean Secrets	Christopher Kimball's Milk Street TV		Cook's Country	America's Test Kitchen	8:30 PM
9:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle	Kitchen Queens: New Orleans	Kevin Belton's Cookin' Louisiana	Rick Steves Art of Europe	Healthful Indian Flavors	America's Test Kitchen	9:00 PM
9:30 PM	Cook's Country	Les Stroud's Wild Harvest	Cook's Country	Pati's Mexican Table		The Jazzy Vegetarian	Christina Cooks: Back to Cutting Board	9:30 PM
10:00 PM	Pati's Mexican Table	Pati's Mexican Table	Pati's Mexican Table	Pati's Mexican Table	America's Test Kitchen	Best of the Joy of Painting	Rick Steves Art of Europe	10:00 PM
10:30 PM	Pati's Mexican Table	Pati's Mexican Table	Pati's Mexican Table	Pati's Mexican Table	Homemade Live!	Best of the Joy of Painting		10:30 PM
11:00 PM	Baking with Julia	Pati's Mexican Table	Cook's Country	Steven Raichlen's Project Fire	Healthful Indian Flavors	The Legacy List with Matt Paxton	The Legacy List with Matt Paxton	11:00 PM
11:30PM	New Scandinavian Cooking	George Hirsch Lifestyle	America's Test Kitchen	Christopher Kimball's Milk Street TV	America's Test Kitchen			11:30PM

Sep 29-Oct 4								
TIME	Monday, September 29, 2025	Tuesday, September 30, 2025	Wednesday, October 1, 2025	Thursday, October 2, 2025	Friday, October 3, 2025	Saturday, October 4, 2025	Sunday, October 5, 2025	TIME
12:00 AM	Adventures with Purpose Pearl River Delta	This Old House						12:00 AM
12:30 AM		Ask This Old House						12:30 AM
1:00 AM	The Jazzy Vegetarian	Rick Steves' Europe						1:00 AM
1:30 AM	Christina Cooks: Back to Cutting Board	Best of the Joy of Painting						1:30 AM
2:00 AM	The Legacy List with Matt Paxton	Gardenfit						2:00 AM
2:30 AM		J Schwanke's Life In Bloom						2:30 AM
3:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy						3:00 AM
3:30 AM	Painting and Travel	Paint This with Jerry Yamell						3:30 AM
4:00 AM	This Old House	This Old House						4:00 AM
4:30 AM	Ask This Old House	J Schwanke's Life In Bloom						4:30 AM
5:00 AM	Dining with the Chef	Pati's Mexican Table						5:00 AM
5:30 AM	Fresh Glass	George Hirsch Lifestyle						5:30 AM
6:00 AM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly						6:00 AM
6:30 AM	Weekends with Yankee	Joseph Rosendo's Steppin' Out						6:30 AM
7:00 AM	Rick Steves' Europe	Rick Steves' Europe						7:00 AM
7:30 AM	Best of the Joy of Painting	Best of the Joy of Painting						7:30 AM
8:00 AM	Baking with Julia	Pati's Mexican Table						8:00 AM
8:30 AM	People of the North	George Hirsch Lifestyle						8:30 AM
9:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy						9:00 AM
9:30 AM	Painting and Travel	Paint This with Jerry Yamell						9:30 AM
10:00 AM	This Old House	This Old House						10:00 AM
10:30 AM	Ask This Old House	J Schwanke's Life In Bloom						10:30 AM
11:00 AM	Fons & Porter's Love of Quilting	It's Sew Easy						11:00 AM
11:30 AM	America's Test Kitchen	Cook's Country						11:30 AM
12:00 PM	Baking with Julia	Pati's Mexican Table						12:00 PM
12:30 PM	Fresh Glass	George Hirsch Lifestyle						12:30 PM
1:00 PM	Afro-Latino Travels with Kim Haas	Family Travel with Colleen Kelly						1:00 PM
1:30 PM	Weekends with Yankee	Joseph Rosendo's Steppin' Out						1:30 PM
2:00 PM	Rick Steves' Europe	Rick Steves' Europe						2:00 PM
2:30 PM	Homemade Live!	Homemade Live!						2:30 PM
3:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle						3:00 PM
3:30 PM	Cook's Country	Les Stroud's Wild Harvest						3:30 PM
4:00 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV						4:00 PM
4:30 PM	Homemade Live!	Homemade Live!						4:30 PM
5:00 PM	Rick Steves Art of Europe	Rick Steves Art of Europe						5:00 PM
5:30 PM		Rick Steves Art of Europe						5:30 PM
6:00 PM	Rick Steves' Europe	Rick Steves' Europe						6:00 PM
6:30 PM	Weekends with Yankee	Joseph Rosendo's Steppin' Out						6:30 PM
7:00 PM	Islands Without Cars	Family Travel with Colleen Kelly						7:00 PM
7:30 PM	Best of the Joy of Painting	Best of the Joy of Painting						7:30 PM
8:00 PM	Homemade Live!	Homemade Live!						8:00 PM
8:30 PM	America's Test Kitchen	Christopher Kimball's Milk Street TV						8:30 PM
9:00 PM	Steven Raichlen's Planet Barbecue	Key Ingredient with Sheri Castle						9:00 PM
9:30 PM	Cook's Country	Les Stroud's Wild Harvest						9:30 PM
10:00 PM	Rick Steves Art of Europe	Rick Steves Art of Europe						10:00 PM
10:30 PM		Rick Steves Art of Europe						10:30 PM
11:00 PM	Baking with Julia	Pati's Mexican Table						11:00 PM
11:30PM	People of the North	George Hirsch Lifestyle						11:30PM