



BUT WHY

# A Learning Guide

Kindergarten to Grade 3

*But Why* is a podcast led by you, kids! It's a big interesting world out there. Kids all over the world send us questions, and we find the answers. We've created these learning guides to be used in a classroom setting or at home. Listen to each episode and use this guide to deepen your understanding of what you've heard.

Find more episodes at [butwhykids.org](https://butwhykids.org).



## Why do people get older?

**BIG QUESTION:** Why does hair turn grey? - Eleanor, 4

What suggestions did the geriatrician share that help keep older adults healthy?

1.

2.

3.

4.

List, draw or  
recall



Ask an expert. Who?

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Find a safe source. Where?

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What will you ask?

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What other  
questions do you  
have about this  
topic? How will  
you find the  
answer?