



Here are our top stories from the week of January 22:



# The American Birkebeiner: The celebrated annual skiing festival in Havward, WI

Forecasts are indicating favorable skiing conditions for this year's American Birkebeiner festival. This annual event is a 50 kilometer ski race that spans from Cable, WI to Hayward, WI and features participants from every U.S. state as well as 27 other countries. The event typically draws in between 25,000 and 30,000 spectators and visitors.

Listen to the Lake Effect segment and subscribe to Wandering Wisconsin on your favorite podcast platform.

Norwegian roots, American soil

#### MORE FROM THE WUWM NEWSROOM



## Explore this 'outdoor museum,' formerly the grounds of the Hospital for the Insane

County Grounds Park has 112 acres of land with 60 acres of woods that contain some historic remnants of patient-curated landscaping and other artifacts left from the Hospital for Insane. Today its features include rolling hills, vistas of downtown aukee, and a combination of habitats including Sanctuary Woods that hosts a wide range of wildlife

Healing in nature



## What's on the menu for Lunar New Year? Traditions, expectations

Sunday marked the beginning of Lunar New Year. This year, one community's celebration came under attack when a gunman killed 10 people in a mostly Asian-American city just outside Los Angeles. The shooting cast a shadow on what is one of the most important holidays for people of the Asian diaspora Everyone celebrates a little differently, as families broaden and traditions evolve over new generations.

The year of the cat, rabbit



#### Personal experience & desire to create minimal waste inspires Milwaukee-based sculptor

Ava Hager knew at a young age she wanted to create. Little did she know when setting out for college in 2018 the personal challenges that would shape her work. Hager's journey is chronicled through scuplture at an exhibition opening Jan. 20 at the Arts @ Large gallery in Milwaukee's Walker's Point neighborhood.

Transforming anguish into art







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