

CALL BEFORE A CRISIS BECOMES A CRISIS

ANY DAY, ANY TIME, ANY REASON.
1-888-7-YOU-CAN (1-888-796-8226)

resolve | **CRISIS
SERVICES**

resolve is a partnership between Allegheny County
and UPMC Western Psychiatric Hospital.

Everyone experiences moments of crisis in life. You might be struggling with depression or substance abuse. Or maybe you're overwhelmed by problems at work, feeling lonely, or having a conflict with a loved one.

Whether your problem is large or small, talking with someone can help. Most of all, don't wait for a problem to get out of control. Just call resolve Crisis Services for help at **1-888-796-8226**.

resolve is a partnership between Allegheny County and UPMC Western Psychiatric Hospital. We offer 24-hour, 365-day crisis services that are free to all Allegheny County residents.

We're Here to Help You Through Your Crisis

You don't have to go through things alone. resolve Crisis Services is ready to help.

Our 150-member crisis team provides:

- Crisis counseling and support
- Referrals
- Intervention services for adults, teens, and their loved ones

Our resolve services are available to you for any reason; a psychiatric diagnosis isn't required.

About Our Crisis Services

- **24-hour hotline:** Call us anytime to speak with a trained clinician at **1-888-7-YOU-CAN (796-8226)**.
- **Mobile Crisis Team:** Our mobile crisis teams can travel anywhere within Allegheny County to respond to a crisis. They provide face-to-face support and will work to arrange further care and stabilization, if needed.
- **Walk-in center:** No appointment is needed to get help at our walk-in center, located in Pittsburgh's East End at **333 N. Braddock Ave., Pittsburgh, PA 15208**. Walk in anytime to talk, get a break from daily stress, or have us connect you to more long-term care and support. We also offer residential services for those who qualify.
- **Services for children and teens:** We offer 24/7 crisis treatment, interventions, and home visits. For more information, call the resolve Crisis Services hotline at **1-888-796-8226**.

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