



This challenge will help your child learn how writing things down can help them remember steps, sequences, and ideas

Watch:

PBS Kids:
Lyla in the Loop - Carrot Cake Dance



As you watch, notice how Lyla tries to learn a set of dance steps—but keeps forgetting the order. Pay attention to what finally helps her remember the steps! After watching the video, what did you notice?

- What was challenging for Lyla when she tried to remember the dance?
- What happened each time she tried to follow the steps without writing them down?
- Why do you think writing down the steps made such a big difference?



Do:

It's your turn to try remembering a sequence, just like Lyla! Choose an everyday activity and turn it into a list of steps. You can try: how to brush your teeth, how to clean up toys, or a dance or movement pattern.

- First, try doing the activity without writing anything down.
- Now, write down each step on paper. Draw pictures, use words, or make symbols, whatever helps you remember!
- Try the activity again using your written list.

Chat:

After you try remembering a sequence, take a few minutes to talk together:

- Was it easier to remember the steps with or without writing them down?
- What did your list help you notice?



Want more?

Play Lyla in the Loop – Loop's LunchGame on PBS KIDS.