

Investing in a future where behavioral health is understood, supported, and accepted.

Staunton Farm Foundation is dedicated to improving the lives of people living with behavioral health conditions, including mental health and substance use disorders, in Southwestern Pennsylvania. The Foundation works to enhance behavioral health treatment and support by making grants to nonprofit organizations in Allegheny, Armstrong, Beaver, Butler, Fayette, Greene, Indiana, Lawrence, Washington, and Westmoreland counties.

Learn more and meet our grantees:



StauntonFarm.org



staunton farm
foundation

Working for Behavioral Health



Metro Community Health Center

Metro Community Health Center is an integrated medical, mental health, and dental clinic. We provide high-quality, comprehensive care to all people who come to us.

At Metro, our experienced providers collaborate to treat every aspect of a patient's health. We specialize in family medicine, pediatrics, geriatrics, women's and men's health, LGBTQ+ health, sexual health, chronic disease management, therapy and psychiatry, dentistry, and more. We offer all of our services to everyone, regardless of identity, income, insurance status, or the ability to pay.

Medical Services

- Same-day appointments
- Primary care and check-ups
- Testing, diagnosis, and treatment of illness
- Sexually transmitted infection testing, treatment, and prevention
- Prescriptions
- Vaccinations
- Chronic disease management
- Gender-affirming care (ages 19 and older)
- HIV/Hep C testing, treatment, and prevention
- PrEP/nPEP

Mental Health Services

- Therapy
- Psychiatry
- Diagnosis, management, and treatment of mental illness
- Prescriptions
- Care coordination
- Linkage to services

Dental Services

- Same-day appointments
- Primary dental care
- Cleanings, checkups, and x-rays
- Fillings for cavities
- Fluoride treatments
- Oral health education
- Extractions
- Sealants
- Partial and/or complete dentures
- Emergency services

Supportive Services

- Discounted pharmacy program
- Community Health Program
- Transportation to and from appointments at Metro (if eligible)
- Individual or group health education sessions





Service / Program	One-Sentence Summary
Systems Advocacy – Consumer/Family Satisfaction Team	Interviews adults and families using behavioral health services to assess satisfaction and provides feedback to counties, managed care, and providers.
Systems Advocacy – Independent Monitoring for Quality (IM4Q)	Surveys individuals with intellectual or developmental disabilities receiving services to evaluate service quality and ensure health, safety, and autonomy.
*Behavioral Health Ombudsman	Provides guidance and help with complaints/grievances about behavioral health services and managed care, acting as a liaison between clients/families and service providers.
Adult Advocacy Services – Community Behavioral Health Advocate	Helps adults/families navigate the behavioral health system, advocating for rights, resolving conflicts, and addressing treatment or service-related issues.
Adult Advocacy Services – External Advocate at Torrance State Hospital	Assists patients at Torrance State Hospital with rights, treatment, environmental concerns, and also supports Forensic and SRTP (Act-21) units.
Public Education & Outreach – Outreach Coordinator	Organizes support groups, educational presentations, and community events to raise awareness about mental health and suicide prevention.
Public Education & Outreach – Speakers Bureau —All Counties	Delivers tailored educational presentations on mental health, stigma reduction, local resources, and response systems for audiences like schools, faith communities, or employers.
Peer & Community Supports – Step-Up Drop-In Center	Provides a safe, supportive space for adults receiving behavioral health services to engage socially, learn, and connect with peers.
Community Supports – Representative Payee Program	Helps individuals with behavioral health challenges by managing finances and bill-paying to support independent living.
In-Person Support Groups – —All Counties	Facilitates face-to-face support groups for individuals and families to share experiences and mutual support.

**All services are delivered in Westmoreland County unless noted.*

409 Coulter Avenue, Greensburg PA 15601

www.mhaswpa.org

724-834-6351

WHO WE ARE & HOW WE HELP

NAMI Keystone Pennsylvania is a 501(c)(3) nonprofit organization dedicated to improving the lives of children, adolescents, adults, and families affected by mental illness through recovery-focused support, education, and advocacy.

Located in Pittsburgh, NAMI Keystone PA is the state organization in Pennsylvania for the National Alliance on Mental Illness (NAMI), the nation's largest grassroots mental health organization.

Support



No one should have to deal with mental illness alone. NAMI Keystone PA and affiliates offer free support groups that help individuals and families affected by mental illness connect with other people who are experiencing similar feelings and situations. Meetings offer insight, encouragement, and comfort, which are important to recovery.

Education



Free education programs help individuals and families better understand mental illness and the importance of self-care. We also provide customized mental health awareness presentations for schools, workplaces, and community groups. Three annual education conferences provide a platform for peers, caregivers, advocates, and professionals to learn, share, and network.

Advocacy



NAMI Keystone Pennsylvania's adult mental health advocacy program helps individuals understand their rights to make informed decisions about their care. We also provide up-to-date information on state and federal legislation that impacts mental health, and we help connect individuals with their policymakers.

HelpLine



1-888-264-7972

Daily HelpLine provides callers with information and resources on mental illness. The HelpLine is open Monday - Friday between 9 a.m. - 2 p.m. This is not a crisis line.



NAMI SIGNATURE PROGRAMS

NAMI Family Support Group is a free, peer-led support group for family members, significant others, and friends of individuals with mental health conditions.

NAMI Connection Recovery Support Group is a free, peer-led support group for adults who have experienced symptoms of a mental health condition. You will gain insight from hearing the challenges and successes of others.

NAMI In Our Own Voice is a unique public education presentation that offers insight into the hope and recovery that's possible for people living with mental illness. Trained individuals living with mental illness talk openly about what it's like to have a mental health condition.

NAMI Ending the Silence is a 50-minute mental health awareness program designed for teenagers. During this in-school presentation, students learn about mental illness directly from young adults living with a mental health condition. The program helps students recognize symptoms and warning signs, and ways to help themselves or a friend.

NAMI Family-to-Family is a free, eight-week course for families, partners, and friends of adults living with a mental health diagnosis. The course is designed to help family members understand and support their loved one while maintaining their own well-being. The program is taught by trained teachers who are also family members.

NAMI Homefront is a free, six-session education program for families, caregivers, and friends of military service members and veterans with mental health conditions. The course is designed to address the unique needs of military families. The course is taught by trained family members of service members or veterans living with a mental health condition.

NAMI Peer-to-Peer is a free, eight-session education program for adults with a mental health condition who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions, and informative videos.

NAMI Basics is a free, six-week education program developed specifically for parents and other family caregivers of children and adolescents who have either been diagnosed with a serious mental illness/serious emotional disturbance or who are experiencing symptoms but have not yet been diagnosed. You'll learn the facts about mental health conditions and how best to support your child at home, at school, and when they're getting medical care.

NAMI Smarts for Advocacy: Telling Your Story is a 6.5-hour skill-building workshop that helps individuals develop an effective way to tell their stories and present the facts to encourage legislative action. The curriculum includes three main components and can be presented individually: Telling your Story, Contacting Your Policymaker, and Meeting Your Policymaker.

CONFERENCES AND EVENTS

2026
PENNSYLVANIA
MENTAL HEALTH AND WELLNESS
CONFERENCE
MAY 18-19 • HARRISBURG

BLACK
MENTAL HEALTH
SUMMIT
JUNE 24, 2026 | PITTSBURGH

NAMI Walks
Keystone PA
Monroeville Community Park
Sunday, Oct. 4, 2026

Learn more at www.namikeystonepa.org.

CALL BEFORE A CRISIS BECOMES A CRISIS

ANY DAY, ANY TIME, ANY REASON.
1-888-7-YOU-CAN (1-888-796-8226)

resolve | **CRISIS
SERVICES**

resolve is a partnership between Allegheny County
and UPMC Western Psychiatric Hospital.

Everyone experiences moments of crisis in life. You might be struggling with depression or substance abuse. Or maybe you're overwhelmed by problems at work, feeling lonely, or having a conflict with a loved one.

Whether your problem is large or small, talking with someone can help. Most of all, don't wait for a problem to get out of control. Just call resolve Crisis Services for help at **1-888-796-8226**.

resolve is a partnership between Allegheny County and UPMC Western Psychiatric Hospital. We offer 24-hour, 365-day crisis services that are free to all Allegheny County residents.

We're Here to Help You Through Your Crisis

You don't have to go through things alone. resolve Crisis Services is ready to help.

Our 150-member crisis team provides:

- Crisis counseling and support
- Referrals
- Intervention services for adults, teens, and their loved ones

Our resolve services are available to you for any reason; a psychiatric diagnosis isn't required.

About Our Crisis Services

- **24-hour hotline:** Call us anytime to speak with a trained clinician at **1-888-7-YOU-CAN (796-8226)**.
- **Mobile Crisis Team:** Our mobile crisis teams can travel anywhere within Allegheny County to respond to a crisis. They provide face-to-face support and will work to arrange further care and stabilization, if needed.
- **Walk-in center:** No appointment is needed to get help at our walk-in center, located in Pittsburgh's East End at **333 N. Braddock Ave., Pittsburgh, PA 15208**. Walk in anytime to talk, get a break from daily stress, or have us connect you to more long-term care and support. We also offer residential services for those who qualify.
- **Services for children and teens:** We offer 24/7 crisis treatment, interventions, and home visits. For more information, call the resolve Crisis Services hotline at **1-888-796-8226**.

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BEHAVIORAL HEALTH**



B E L O V E D U N I V E R S I T Y

Helping **You**
Have
Healthy
Relationships

We offer

- Biblical Counseling
- Teen Talks
- Parent Education
- Youth Camps
- Family Events
- & MORE

Visit www.beloveduniversity.com to get connected!

Service Coordination

Children and adolescents with serious emotional disturbance(s) are often involved with a number of systems such as education, employment, physical healthcare, legal or court, Social Security, Medical Assistance, and/or Medicare. Service Coordination helps to ensure child and youth are connected to various service systems as part of personal goals on their road to achieve wellness that the best interest of each individual as well as attaining his or her personal goals are the driving forces behind how the services from these various systems are delivered.

Community Outreach, Education, Consultation and Services

The Allegheny County mental health system reaches out to schools, employers and social service agencies to ensure that education awareness is available to all residents who need and want factual information that dispels the fear, prejudice and stigma that are often experienced by individuals with mental illness.

Behavioral Health Partnerships with School Districts

School districts throughout Allegheny County are offered on-site assessments and treatment of students, as well as consultations with teachers, principals, guidance counselors and parents. Education specialists provide assistance to children and caregivers by navigating the special education process through negotiation with the school with the goal to achieve positive outcomes.

Bureau of Mental Health Purpose Statement

The DHS OBH Bureau of Mental Health Services works closely with providers and other stakeholders to deliver culturally competent, quality services to individuals and families across the life span. Built upon the principles of resiliency and recovery, the bureau supports and respects each persons right to choose services that meet their unique needs.

Peer Support Services

Community-based providers offer Allegheny County adolescents age 14-17 with mental illness a consumer-operated system of peer support and advocacy.

Student Assistance Program (SAP)

The Student Assistance Program (SAP) facilitates early identification and intervention for students who are experiencing any barriers to learning. Consultants from DHS contracted behavioral health service providers (SAP liaisons) meet with school staff and participate in case reviews of students referred to the program. The SAP liaisons also provide student screenings for behavioral health problems, and ensure students and caregivers gain access to treatment and other services.



Office of Behavioral Health

Phone: 412-350-4456

Fax: 412-350-3880

www.alleghenycounty.us/dhs/obh

Human Services Building
One Smithfield Street, Suite 300
Pittsburgh, PA 15222-2221

The Allegheny County Department of Human Services does not discriminate against anyone on the basis of a protected class including: race; color; religion; national origin; ancestry or place of birth; sex; gender identity or expression; sexual orientation; disability; marital status; familial status; age (40 and older); use of guide or support animal because of blindness, deafness, or physical disability.

DHS funding information is available at www.alleghenycounty.us/dhs/funding.aspx
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Child and Adolescent Mental Health Services



Office of Behavioral Health



**ALLEGHENY COUNTY
DEPARTMENT OF
HUMAN SERVICES**

alleghenycounty.us/dhs

