

Running With Endurance

Soccer is a very popular sport. Although it may seem easy to kick a ball, soccer is way more than that. One major thing you have to have for soccer is endurance in running. The problem is I hated running, because I would get tired and feel sick. I had never played a sport before. That would be a big problem if I wanted to try to play soccer. I had always been a bookworm and loved to do crafts. My brother had played soccer and really loved it. He wanted me to try and play. I also had friends playing and I wanted to try a sport.

Intensity is a homeschool soccer team. The soccer season was starting soon so Intensity wanted to do a trial practice to see if people wanted to play. I wasn't sure if I wanted to play soccer, since I had never enjoyed sports. I decided to go to the practice. I had a fun time playing and getting to know teammates, and we didn't do much running, but it was still tricky. I thought that practice was difficult, but the season would hold tougher practices.

I decided to join Intensity because I wanted to try to do a new sport, and decided I could do hard things. Finally it was time for a real practice. As I went further into the season I realized how hard soccer really was. It was a struggle for me but my teammates and patient coach always helped me push through. When the first game came, all of our hard practicing and running paid off. We kept practicing and we almost made it to the championship. The end of the season came and we were all better soccer players, especially me.

At the end of the season I could pass better, dribble better, and overall play better. I also have endurance in running and I can run for a while and not feel tired or sick. When I started, I did not know the rules of soccer or how to play, but now I know all the rules. I went from thinking soccer was an unpleasant sport to play, especially running. Now I love to run and now soccer is my favorite sport.