RESOCIALIZING

Books
All items listed are available for checkout from the Wichita Public Library.


Websites

AARP.org. 5 ways to sharpen your social skills after isolation.


ChildrensMD.org. How to help kids with social skills post COVID-19.

Healthline.com. Why you may experience social anxiety as you emerge from the pandemic.

NPR.org. Do we even know how to socialize anymore?
https://www.npr.org/2021/04/04/983855924/do-we-even-know-how-to-socialize-anymore

SummitHealth.com. How to be social again post-COVID.

UniversityofCalifornia.edu. How to resocialize after the pandemic.