

ISOLATION

ASCA Standard A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

PS:A2 Acquire Interpersonal Skills

PS:A2.1 Recognize that everyone has rights and responsibilities

PS:A2.7 Know that communication involves speaking, listening and nonverbal behavior

PS:A2.8 Learn how to make and keep friends

Objective: The students will identify the needs of the elderly and isolated individuals in their community. The students will write letters, cultivating relationships with the elderly and isolated individuals in their neighborhoods and communities.

Materials: Writing utensils (colored pencils, markers, crayons), blank construction paper or card-stock

Procedure:

1. Ask students if they have ever felt lonely. Ask students how they felt and what they did to make themselves feel better.
2. Ask students: what if you can't find someone to talk to you or visit with you? Can you imagine how that might feel?
3. Today, we are going to make cards for people who are lonely in our community. You can decorate the front with whatever images you like: our school, you and your friends, flowers, sports, ballet slippers, fireworks, whatever - be creative. On the inside, you can write one of these messages or create your own (this can depend on the grade you are teaching - older students may wish to write full-length letters):
 - a. Thinking of you!
 - b. Sending you some sunshine!
 - c. Have a great day!
 - d. Dream big!
4. Collect the cards and distribute via your local United Way or other charitable organization.