

OUR MISSION

To strengthen individuals and families through providing services that improve quality of life.



OUR VISION STATEMENT

Empowered individuals and families living a self sufficient, enriched, and rewarding life.

*family-focused
child-centered
client-oriented*

GET IN TOUCH

Marshall Site

Monday - Friday
8:00am - 5:00pm
103 N. Miami Avenue
Marshall, MO
P 660.886.8860
F 660.886.8888

Columbia Site

Monday - Thursday
10:00am - 5:00pm
601 Business Loop 70 West
Suite #204
Columbia, MO
P 573.723.6030
F 573.818.1797

Sedalia Site

Monday - Thursday
10:00am - 5:00pm
2500 East Broadway
Sedalia, MO
P 660.553.5118
F 660.553.5119

Versailles Site

Monday - Thursday
9:00am - 5:00pm
305 Newton St.
Suite #3
Versailles, MO
P 573.539.2049
F 573.539.2061

501©3

Non-profit

follow us on social media

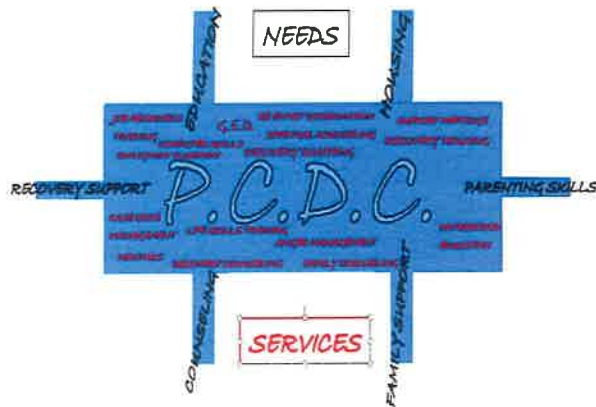


Powerhouse Community Development Corporation

"ENGAGING,
EDUCATING,
EQUIPPING, AND
EMPOWERING
PEOPLE
TO LIVE WITH
PURPOSE!"



www.pwrhousecdc.org



RSS-Recovery Support Services

Power of Hope is a recovery support program contracted through the DMH to provide recovery-oriented care and recovery support systems that help people with mental and substance use disorders manage their conditions successfully long term. Recovery is a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential. Recovery support programs offer services such as care coordination, recovery coaching, spiritual counseling, group support, recovery housing and transportation, before, during, after, and in coordination with other substance use disorder service providers.

G.E.D./HiSet

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Fresh Start

Powerhouse Community Development Corp. has joined forces with the MDOC and Probation & Parole of Saline County to provide housing, substance abuse treatment, transportation, employment, food and clothing assistance and health treatment. It is our belief that offenders that work the program can become productive citizens. Studies show that 97% of offenders incarcerated in the State of Missouri will someday return to our communities. With 34% of offenders returning back to the correctional system after being released from prison, the Department of Corrections (MDOC) embraced the Missouri Reentry Program (MRP) model in an effort to reduce recidivism.

Fatherhood

A substantial body of research documents that fathers bring many benefits to the lives of their children. This research highlights the importance of resident and nonresident fathers to their children's well-being. The Fatherhood Development Curriculum has the distinction of being the only fatherhood curriculum recommended and used in four national demonstration projects targeting fathers from diverse backgrounds.

Youth Power

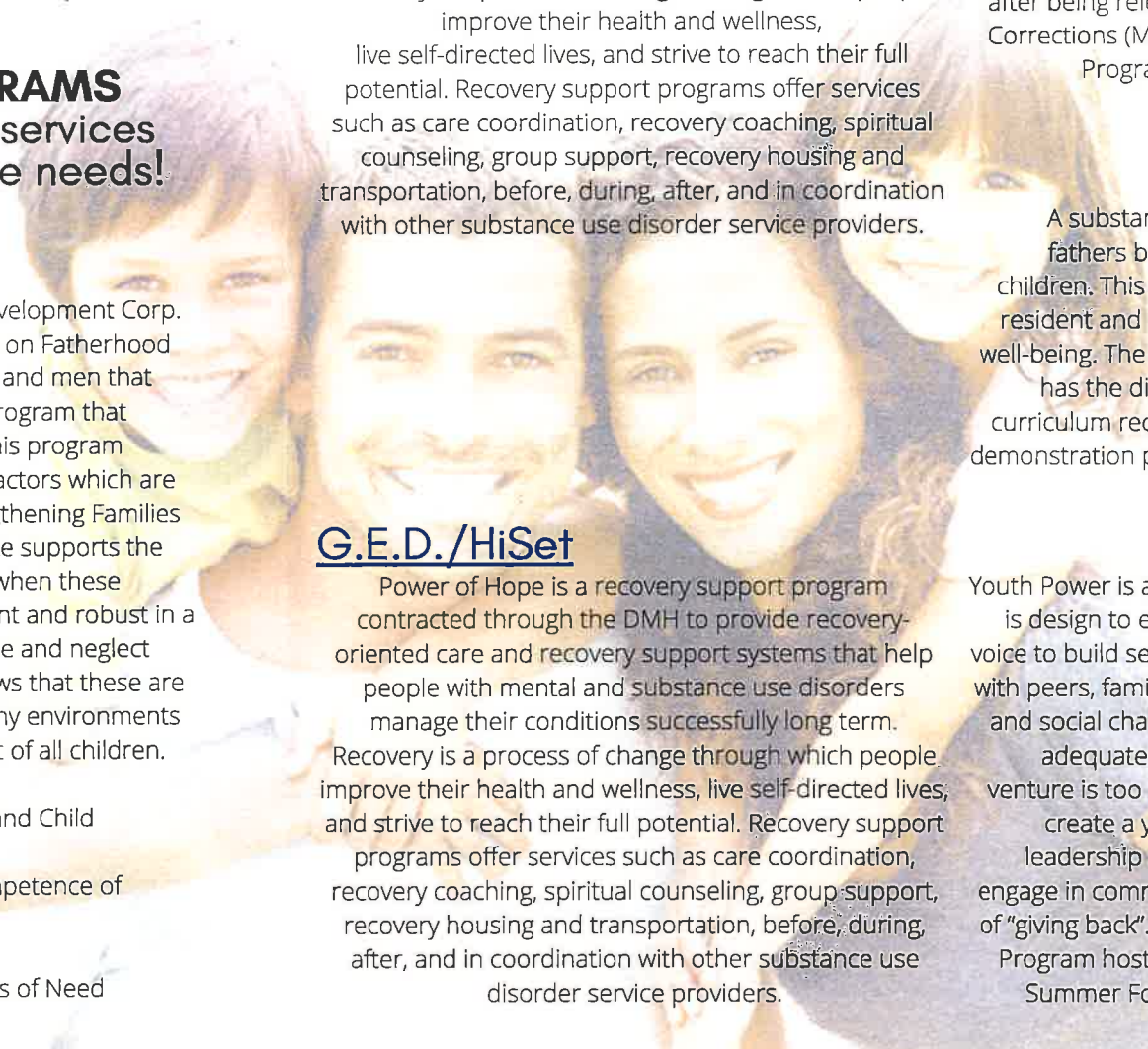
Youth Power is a community faith based program that is design to empower youth to use mind, body and voice to build self-confidence and healthy relationship with peers, family and community. With all the danger and social challenges of this world; it is our desire to adequately prepare, train and equip youth. This venture is too vast for anyone group; it is our goal to create a youth coalition that provide youth with leadership skills, technology and opportunities to engage in community service, learning early the value of "giving back". During the Summer our Youth Power Program hosts a Summer Camp in conjunction with our Summer Food Program that feeds 75—100 daily.

Our **PROGRAMS** provide the services that meet the needs!

Parenting

Powerhouse Community Development Corp. has joined forces with Focus on Fatherhood parenting classes to women and men that need it. It is a 12-16 week program that develops parenting skills. This program applies the Five Protective Factors which are the foundation of the Strengthening Families approach. Extensive evidence supports the common sense notion that when these Protective Factors are present and robust in a family, the likelihood of abuse and neglect diminish. Research also shows that these are the factors that create healthy environments for the optimal development of all children.

1. Parent Resilience
2. Knowledge of Parenting and Child Development
3. Social and Emotional Competence of Children
4. Social Connections
5. Concrete Support in Times of Need



RECOVERY...
POSSIBLE
AND REAL!

*family-oriented
child-focused client-centered*

The Top **10**
Steps To
Success

10. Just keep trying.
9. Try to determine what is working.
8. Try to determine what is not working
7. Try to find someone who's done it.
6. Try and ask for help.
5. Try it again tomorrow.
4. Try it a little differently.
3. Try once more.
2. Try again.
1. Try.

M R N

MISSOURI RECOVERY NETWORK

The Statewide Voice for Recovery

www.morecovery.org 573.634.1029

GET IN TOUCH

MARSHALL SITE
MONDAY-FRIDAY
8:00AM-5:00PM
103 NORTH MIAMI AVENUE
660.886.8860

COLUMBIA SITE
MONDAY-THURSDAY
10:00AM-5:00PM
601 BUSINESS LOOP 70 WEST
SUITE #204
573.723.6030



VERSAILLES SITE
MONDAY-THURSDAY
9:00AM-5:00PM
305 NEWTON ST.
SUITE #3
573.539.2049

RECOVERY SUPPORT SERVICES

POWER OF HOPE

*The role of individuals and families
recovery from
substance use disorders is critical in
helping others find long-term recovery
in the community
-William White*



Missouri Coalition of
Recovery Support Providers

Missouri's Recovery Lifeline

Follow us on social media



@PWRHOUSECDC

www.pwrhousecdc.org

RECOVERY SUPPORT SERVICES

Recovery-oriented care and recovery support systems help people with mental and substance use disorders manage their conditions successfully.

Providing pathways to recovery and improved quality of life.

Recovery is a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential. There are four major dimensions that support recovery:

- Health—overcoming or managing one's disease(s) or symptoms and making informed, healthy choices that support physical and emotional well-being.
- Home—having a stable and safe place to live.
- Purpose—conducting meaningful daily activities and having the independence, income, and resources to participate in society.
- Community—having relationships and social networks that provide support, friendship, love, and hope.

POWERHOUSE COMMUNITY DEVELOPMENT CORPORATION HAS PROVIDED RSS SERVICES FOR OVER A DECADE.

**NOW SERVING:
SALINE, PETTIS, MORGAN &
BOONE COUNTIES.**

PRIORITY GROUPS

- VETERANS
- EX-OFFENDERS
- MENTAL HEALTH
- TREATMENT COURT PARTICIPANTS
- HOMELESS
- PARENTS

WHAT MAKES OUR TEAM EXCEPTIONAL?

WE ARE A TEAM. YOUR TEAM.

WE BELIEVE IN AN INTERPROFESSIONAL TEAM APPROACH THAT PROVIDES ALL OF YOUR RECOVERY NEEDS THROUGH EVIDENCE-BASED PRACTICES.

STAFF

- CPS (CERTIFIED PEER SPECIALIST)
- MPS (MISSOURI PREVENTION SPECIALIST)
- MRSS (MISSOURI RECOVERY SUPPORT SPECIALIST)
- MAADC II (MISSOURI ASSOCIATE ALCOHOL DRUG COUNSELOR II)
- CHW (CERTIFIED HEALTH WORKER)

RECOVERY SUPPORT SERVICES OFFERED BY PCDC:

RECOVERY COACHING

HOUSING

COMPUER SKILLS

CONFLICT RESOLUTION

MENTORS

FATHERHOOD EDUCATION

CASE CARE MANAGEMENT

SPIRITUAL COUNSELING

RECOVERY COUNSELING



HEAT FOR HER

Therapy Tailored Toward Women in Recovery

Habilitation
Empowerment
Recovery

SELF

Did You lose yourself to Criminal Behavior or Drugs? Are you more than your past Mistakes?

FAMILY

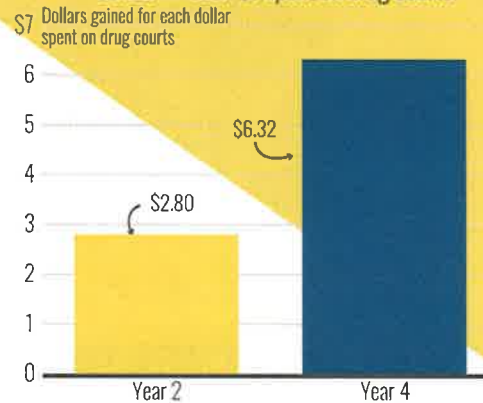
Have you Negatively Impacted Your Family? Do you need to find tools to restore broken relationships?

COMMUNITY

Do you want to break institutional barriers? Do you want to prove that you can be a positive and productive community member?

DRUG COURTS ARE MORE COST-EFFECTIVE THAN PROBATION

Initially, drug courts are more expensive than regular probation. However, because of the higher recidivism rate for probation, savings occur in the second year. Based on a city of St. Louis cost-benefit analysis, after two years, the state gains \$2.80 for each \$1 spent on drug courts. After four years, the state gains \$6.32 for each \$1 spent on drug courts.



Source: MISSOURI DRUG COURTS COORDINATING COMMISSION

NOTE: Data is from St. Louis, HELLE ANDREASSEN/Missourian

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POWERHOUSE
COMMUNITY DEVELOPMENT



HEAT
HABILITATION, EMPOWERMENT
ACCOUNTABILITY, THERAPY

AMERICAN INCARCERATION

America by far incarcerates more of her citizens than any other industrialized nation. In 2015 America made up only 4.4 % of the world's population, but made up 21% of the world's incarcerated population. In fact current statistics indicate that American incarceration rates are currently around 639 prisoners per 100,000 total citizens, while the closest rate is Russia at 411 prisoners per 100,000 other industrialized nations rarely incarcerate more than 200 citizens per 100,000. With that said, Black Americans are disproportionately over-represented in the American prison population. In fact, when applying the same statistics used above, Black American incarceration rates are more like 10,000 per 100,000, disproportionately over-represented indeed. In fact while Blacks represent only about 13% of the population in the United States, they make up 40% to 60% of any given jail population in America, (Bureau of Justice Statistics, 2015.)

ALTERNATIVE SENTENCING PROGRAMS

Alternative Sentencing Programs (ASP's) are exactly what they sound like: alternatives to incarceration. As the explosion in American incarceration rates has demonstrated that incarceration itself is no deterrent to crime, and as the country's prisons began bursting at the seams with severe overcrowding, ASP's have grown in use and popularity. As long as the crime does not require a mandatory sentence judges in most states have a wide discretion to utilize alternatives to incarceration. Drug Court, Mental Health Court and Veterans Court programs have begun to proliferate within the justice system to offer treatment based programming as opposed to prison sentences. As Black Americans make up an approximate 50% of all justice involved people in the United States, it would seem to follow that this population would take up a large space in the ASP landscape. But this is not at all the case.



BLACKS AND ALTERNATIVE SENTENCING PROGRAMS

The reality is that not only are Blacks over-represented in the number of people incarcerated but being Black makes you more likely to be convicted after arrest and more likely to receive a longer sentence after being convicted. Bearing that in mind, less than 11% of Black pretrial detainees are even considered for ASP's and when admitted the success rates have (historically) been nothing less than dismal. In response to these tragic statistics Gary Turpin and Guy Wheeler spawned Habilitation, Empowerment, Accountability Therapy (The HEAT Program).

HABILITATION EMPOWERMENT ACCOUNTABILITY THERAPY

Darryl Turpin and Guy Wheeler developed HEAT as an evidence based, culturally sensitive curriculum targeting the African American male population. Best

practice treatments, theories, and curriculums aimed at rehabilitation have historically been developed by and for a Eurocentric majority. HEAT begins by illuminating the reality that we cannot re-habilitate one who has never been habilitated to begin with. Black American culture is a parallel culture to mainstream American culture that has its own set of values, norms, and traditions. HEAT speaks to issues of substance abuse, criminal thinking and criminal behavior utilizing Afrocentric principles that speak to Black populations. The 9 month curriculum pilot tested in Drug Courts in Indiana and Kentucky demonstrated that participants with serious substance abuse and criminal histories completed the 9 month curriculum successfully, were satisfied with the intervention, and graduated Treatment Court in larger numbers (NADCP, 2020). Powerhouse numbers demonstrated retention and graduation rates in the 90th percentile. Together Powerhouse, The Treatment Courts and The HEAT Program are taking giant steps to address the issues of equal justice, cultural sensitivity, and systemic racism here in Boone County and across Mid-Missouri, while making our communities better and safer places to live.





family-oriented child-focused client-centered

Pay your child support
at Casey's General
Stores, CVS
Pharmacy, and more

Got questions?
Call 1(800) 859-7999
or visit

PayNearMe.com/MOchilddsup

**For group sessions the
Fragile Family
Curriculum, which is
evidence based, is
utilized.**

**Individual Sessions will
be scheduled by
appointments.**

GET IN TOUCH

Fathers Committed to Families

263 W. Morgan Street
Marshall, MO 65340
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601 Business Loop 70 West
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Columbia, MO 65203
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2500 East Broadway Blvd
Sedalia, MO 65301
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305 W. Newton
Versailles, MO 65084
(573) 539-2049

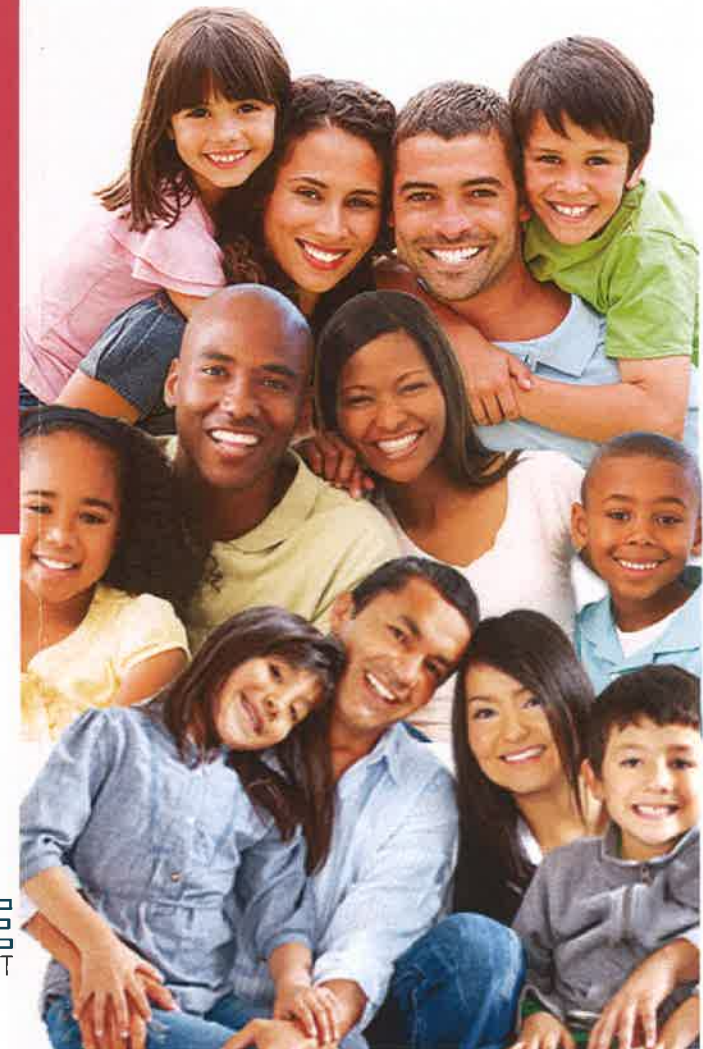
Office Hours
Monday-Friday
Walk ins Welcome!

Follow us on social media



FATHERS COMMITTED TO FAMILIES

"Making a difference in the lives of children!"



Mission

Mission is to build strong healthy families by providing fathers and families with the tools, resources, support and training to become self-sufficient.

The National Center for Fathering (NCF) is dedicated to the vision that every child has an involved father or father figure that no child go unfathered. Children thrive when they have an involved father, someone who loves them, knows them, guides them and help them achieve their destiny. This fatherhood program inspires and equips men to be the involved fathers, grandfathers, and father figures their children need.

Fatherhood Stats:

- Over 2.2 million fathers in the United States are rearing children in a single parent household.
- 17% of custodial parents are single fathers
- 9% of single parent household headed by fathers have 3 or more children below the age of 16.
- 44% were divorced, 33% were never married, and 19% were separated while 4.2% were widows
- Fathers account for 57% of single parent households when mothers are incarcerated



**WHAT HAPPENS
WHEN MOM
IS LEFT HOLDING
THE
SAFETY NET BY
HERSELF?**

Programs

FCF Non-custodial Pre-sentence; the pre-sentencing program is in partnership with the Pettis County Prosecutor's Office/Family Support Division to allow the non-custodial parent an alternative to being sentenced by the court of law.

Healthy Marriage & Responsible

Fatherhood is designed to educate, equip and empower fathers on the importance of being involved in the life of their children. It provides educational classes and case management to assist fathers in both personal and professional development.

Services

- ◆ Life Skills Education
- ◆ Anger Management
- ◆ Fatherhood/Parent Classes
- ◆ Support Group
- ◆ Relational Therapy
- ◆ Mentoring
- ◆ Substance Abuse Recovery
- ◆ Case Management
- ◆ Child Support Advocacy
- ◆ Housing
- ◆ Health & Nutrient

Supportive Services provided by partnership agencies

State Employment Registration

NCRC Assessment

Financial Management

Childcare

Mental Health Services

Employment Placement

Legal Services

Internship

Clothing

Food

Job Readiness skills

GED

Substance Abuse Treatment

Legal

Fatherhood Facts

Fatherhood Fact: If a father is engaged with the child for the first two years of their life 80% will stay involved.

Fatherhood Fact: Young children growing up without father's involvement are ten times more likely to be extremely poor.

Fatherhood Fact: 85% of all children that exhibit behavioral disorders are from fatherless homes.

Fatherhood Fact: 85% of all youths sitting in prisons grew up in a fatherless home.

Fatherhood Fact: Over 30,000,000 children in the U. S. do not have a father living with them and over one-third will not see their father at all in the next twelve months.

Fatherhood Fact: Over 71% of high school dropouts are from fatherless homes.

Fatherhood Fact: 90% of all homeless and runaway children are from fatherless homes.

Fatherhood Fact: If we can educate parents on the differences and benefits we can have improved outcomes for children and reduce fatherlessness.

WHAT RESEARCHERS SAY ABOUT RITES OF PASSAGE

- Rites of Passage programs that includes a focus on American/Cultural history and overcoming struggles indicate that they help young boys cope with some of the important challenges of achieving manhood, academic, and career achievement.
- Rites of Passage training offers young males the opportunity for guidance, structure, and the possibility of self-actualization through an opportunity for affirmation, reawakening, and rebirth.
- Studies of young adults who completed Rites of Passage Programs indicate that the program influenced participants and graduates completion of high school and college, their decision-making on career choice, and roles as fathers, husbands, and mentors.

PROJECTED OUTCOMES FOR SCHOOL BASED PROGRAM

Improved school attendance
Improved class grades
Improved achievement test scores
Truancy reduction
Reduction in oppositional behavior

CONTACT US

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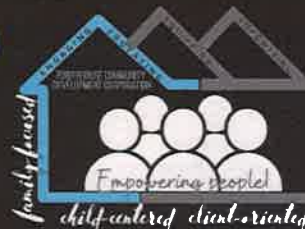
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BOYS 2 MEN

• RITES OF
PASSAGE PROGRAM •

IT IS EASIER TO BUILD
STRONG CHILDREN
THAN TO REPAIR
BROKEN MEN.

-FREDERICK DOUGLASS-

rites of passage helps guide and affirm a transition from one status in life to another

This program is focused on preparing boys (referred to programmatically as young men and protégés) in essential areas of manhood.

Based on the principles of life transitions, this program seeks to develop successive generations of men who understand their identity; purpose; and direction for a successful life as a family member, worker, community member, and productive citizen.

vision & mission

VISION: To build successive generations of knowledgeable and committed men who model leadership in school, family, and community.

MISSION: To instill in boys personal, social, educational, economic, health and historical/cultural knowledge that are essential to the development of a positive self-image toward reaching the highest human potential.

challenges faced by young males

- Father Absence
- Popularity/Belonging vs. Academic Achievement
- Learning from teachers with low expectations and stereotypes
- Embracing an education system that devalues them; feeling that education isn't a viable option
- Respected vs. Punked
- Gangs vs. Alienation
- Fast Money vs. Delayed Gratification
- Sexually Active vs. Teen Fatherhood
- Parents vs. Peers
- Police Abuse vs. Respecting Authority
- Oreo vs. Being "down"

BOYHOOD TO MANHOOD RITES OF PASSAGE CURRICULUM

is based on real experiences and challenges of youth, particularly male youth. Through interactive group sessions, speakers, mentors and tutorial support, the curriculum has six modules and offers schools and other community/faith-based organizations a guide to implementing effective rites of passage programming.

CURRICULUM SESSIONS

Create a supportive setting for protégé's;
Promote a positive identity among protégé's;
Enable protégé's to understand the importance of the transition from boyhood to manhood;
Increase protégé's understanding of the importance of community service;

- Increase protégé's knowledge of personal development; life skills; social skills; economics; health; and cultural history;
- Increase protégé's understanding of the importance of getting of a good education by doing well in school;
- Increase participant's ability to take responsibility for their success in school and in life.

RITES OF PASSAGE MODEL DURING ADOLESCENCE

