



BUT WHY

A Learning Guide

Kindergarten to Grade 3

But Why is a podcast led by you, kids! It's a big interesting world out there. Kids all over the world send us questions, and we find the answers. We've created these learning guides to be used in a classroom setting or at home. Listen to each episode and use this guide to deepen your understanding of what you've heard.

Find more episodes at butwhykids.org.



Why do we get growing pains?

BIG QUESTION: As kids, your bodies are always growing, maybe you've had the experience of growing an inch or two in a year. How does our body know when it's time to grow? Why does growing something hurt?

What do you
feel?



What other
questions do you
have about this
topic? How will
you find the
answer?

Ask an expert. Who?

Find a safe source. Where?

What will you ask?