



BUT WHY

A Learning Guide

Kindergarten to Grade 3

But Why is a podcast led by you, kids! It's a big interesting world out there. Kids all over the world send us questions, and we find the answers. We've created these learning guides to be used in a classroom setting or at home. Listen to each episode and use this guide to deepen your understanding of what you've heard.

Find more episodes at butwhykids.org.

Circle the emotion that fits your mood



Scared

Draw or write in the boxes.



Why do we like being scared?

BIG QUESTION: How does getting scared help us? - Ben, 10

Fear is one of many emotions that we feel or seek. How are you feeling?

See the descriptive words below that also mean afraid or scared:

Anxious
Fearful
Frightening
Dread
Eerie

How Are You Feeling?



Happy



Sad



Scared



Mad

GOALBOOK

Find more resources at <https://goalbookapp.com>

Ask an expert. Who?

What other questions do you have about this topic? How will you find the answer?

Find a safe source. Where?

What will you ask?
