

## A Learning Guide

Kindergarten to Grade 3

But Why is a podcast led by you, kids! It's a big interesting world out there. Kids all over the world send us questions, and we find the answers. We've created these learning guides to be used in a classroom setting or at home. Listen to each episode and use this guide to deepen your understanding of what you've heard.

Find more episodes at butwhykids.org.

## Why do we like being scared?



Scared

Draw or write in the boxes.

BIG QUESTION: How does getting scared help us? - Ben, 10

Fear is one of many emotions that we feel or seek. How are you feeling?

See the descriptive words below that also mean afraid or scared:

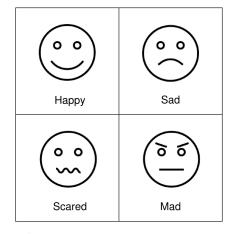
Anxious Fearful Frightening Dread Eerie

## How Are You Feeling?

Circle the

emotion that fits

Your mood



What other questions do you have about this topic? How will you find the answer?

Ask an expert. Who?	Find a safe source. Where?	What will you

