Thank you donors, funders and sponsors - we couldn't do this without you!

Annual Report

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Tacoma Area Coalition of Individuals with Disabilities

Mission

To promote the wellness, recovery and resilience of adults experiencing disabilities in Pierce County.

Goals

TACID participants discover their strengths, learn new skills and make the social and emotional gains that will improve their quality of life.

Dear Friends and Supporters,

Looking back, 2024 was a year of meaningful growth and strong, consistent programming at TACID. In a time marked by ongoing challenges in our broader world, we are proud to say that TACID continues to remain a place of belonging, community and connection for all who come through our doors. Every day, we witness stories of hope, resilience, growth, and support among our participants—powerful stories that inspire everything we do.

Our dedicated and compassionate staff make this work possible. Their unwavering commitment to our mission creates a space where individuals feel seen, supported, and encouraged on their unique journeys.

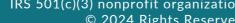
We are deeply grateful for the generous support of our funders, program partners, contract agencies, and donors. Your belief in our work sustains our programs and helps us evolve to meet the changing needs of our

Looking ahead, we know more changes are coming. But we move forward with clarity, hope, and determination—guided by the strength we see in our participants and the trust of our supporters. Thank you for standing with us as we continue to build a more inclusive and empowered future for all.

WWW.TACID.ORG

With gratitude,

Nalani Linder **Executive Director, TACID**



Highlights:2024

Quality of Life Survey

community:

Expenses

Fundraising

Total Expenses

Program Services

General & Administrative

In October, we surveyed participants to see how our Wellness and Recovery Program and free services are helping them to improve their Quality of Life. The results below are based on the % of those surveyed who agreed to the following: Participating at TACID helps me to..

| understand myself better: | 93% |
|--|------------|
| • improve my relationships: | 90% |
| • learn things that help me in daily life: | 93% |
| find ways to solve problems: | 81% |
| take more responsibility for my life: | 85% |
| • pursue my dreams: | 75% |
| make friends and socialize more often: | 93% |
| feel like a valued member of the TACID | |

Wellness and Recovery

Peer Support Groups

Artful Expressions
Art in Recovery
Busy Hand, Busy Minds
Choosing Hope
Empowered Bodies, Empowered Minds
The Flow Within
Journey through Grief
Living in the Balance
Madly in Love with Me
RolePlay Peer Gaming
Stress Less Support Group
Voices and Visions
Writer's Block

Drop-in Dayroom

Inclusive Recreation Arts and Crafts Community

Wellness Activities

Intuitive Painting Chair Yoga Sound Bath Meditation Drum & Sound Healing Circle 15-Minute Reiki

Information and Referrals
Community Resources & Support

Many Thanks to Mesa Winter, MSW.

Mesa Winter, our Wellness and Recovery Program Director, retired in April. Mesa served in different capacities at TACID for 20+ years. An experienced CPC and champion of adults living with disabilities, Mesa was instrumental in establishing TACID as the peer-led and directed nonprofit we are today. Thank you for your service and devotion to our participants!

Disability Resource Fair

In May, TACID hosted its first disability resource fair. Thirty vendor organizations, support groups and service providers were on site to share information & resources for folks living with disabilities, mental and behavioral health challenges. The 2-hour event was well-attended and very well-received by participants and vendors alike.





New Board & Staff Members in 2024

We're so grateful for our talented and committed staff and board members who serve at TACID. In 2024, we welcomed two new board members: **David Strong**, Executive Director, NAMI Pierce County and Occupational Therapist & Adjunct Professor, UPS, **Kirsten Wilbur**.

We welcomed three new staff members: *Molly Viers* as our Dayroom Co-Coordinator, *Samantha "Sam" Aiello, CPC*, joined as our 2nd Dayroom Co-Coordinator and *Ramona O'Connor*, *CPC*, joined as a Support Group Facilitator and Information and Referral Assistant.

Impact Report 2024

971
Individuals
11,180
services provided

1,336
Individuals
16,109
services provided

Support & Revenue 2024 **Corporate Grants** 270,000 350.000 **Foundation Grants** 304.182 259.219 **Special Events** 16.935 67.639 **Government Grants** 300.403 20.110 133.013 **Donations** 36.128 1.173 Investment Income/Loss 7.139 980,743 **Total Support & Revenue** 785,197 Assets Change in net assets (26,726)(407.438)Net Assets, beginning of the year 646,497 239,059 212,333 Net Assets, end of year 239.059

Growing Community Fundraiser

96%

819,304

174,920

1,001,796

7.572

971.998

161.006

59,632

1,192,636

In October, we held another wonderful fundraising luncheon at TACID. The large meeting space where we host our potlucks was filled with nearly 80 people. Attendees enjoyed a boxed lunch while staff and board members reported on TACID's impact and future. The highlight of the event was hearing from three of our participants—each telling their story of how the welcoming community at TACID has made a profound difference in their lives.



Fundraising Luncheon

Participants share about TACID..



"I love TACID because I meet new faces and learn about other backgrounds and I get to play with others that like me, have different ways of learning skills."



"Since coming to TACID, I've become more high-functioning"







"I've learned that I don't have to live in the confines of what people think of me and what they judge my ability levels to be."



"TACID is an opportunity to meet and make new friends and do different things. Being a part of something positive & motivating is a helpful quality to share."

