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- we couldn't do this without you!

# Annual Report

## 2024

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[www.tacid.org](http://www.tacid.org)

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**Tacoma Area Coalition of Individuals with Disabilities**

### Mission

To promote the wellness, recovery and resilience of adults experiencing disabilities in Pierce County.

### Goals

TACID participants discover their strengths, learn new skills and make the social and emotional gains that will improve their quality of life.

Dear Friends and Supporters,

Looking back, 2024 was a year of meaningful growth and strong, consistent programming at TACID. In a time marked by ongoing challenges in our broader world, we are proud to say that TACID continues to remain a place of belonging, community and connection for all who come through our doors. Every day, we witness stories of hope, resilience, growth, and support among our participants—powerful stories that inspire everything we do.

Our dedicated and compassionate staff make this work possible. Their unwavering commitment to our mission creates a space where individuals feel seen, supported, and encouraged on their unique journeys.

We are deeply grateful for the generous support of our funders, program partners, contract agencies, and donors. Your belief in our work sustains our programs and helps us evolve to meet the changing needs of our community.

Looking ahead, we know more changes are coming. But we move forward with clarity, hope, and determination—guided by the strength we see in our participants and the trust of our supporters. Thank you for standing with us as we continue to build a more inclusive and empowered future for all.

With gratitude,

Nalani Linder  
Executive Director, TACID



[WWW.TACID.ORG](http://WWW.TACID.ORG)



# Highlights:2024

## Quality of Life Survey

In October, we surveyed participants to see how our Wellness and Recovery Program and free services are helping them to improve their Quality of Life. The results below are based on the % of those surveyed who agreed to the following:

Participating at TACID helps me to..

- understand myself better: 93%
- improve my relationships: 90%
- learn things that help me in daily life: 93%
- find ways to solve problems: 81%
- take more responsibility for my life: 85%
- pursue my dreams: 75%
- make friends and socialize more often: 93%
- feel like a valued member of the TACID community: 96%

## Wellness and Recovery

### Peer Support Groups

Artful Expressions  
Art in Recovery  
Busy Hand, Busy Minds  
Choosing Hope  
Empowered Bodies, Empowered Minds  
The Flow Within  
Journey through Grief  
Living in the Balance  
Madly in Love with Me  
RolePlay Peer Gaming  
Stress Less Support Group  
Voices and Visions  
Writer's Block

### Drop-in Dayroom

Inclusive Recreation  
Arts and Crafts  
Community

### Wellness Activities

Intuitive Painting  
Chair Yoga  
Sound Bath Meditation  
Drum & Sound Healing Circle  
15-Minute Reiki

### Information and Referrals

Community Resources & Support

## Many Thanks to Mesa Winter, MSW.

Mesa Winter, our Wellness and Recovery Program Director, retired in April. Mesa served in different capacities at TACID for 20+ years. An experienced CPC and champion of adults living with disabilities, Mesa was instrumental in establishing TACID as the peer-led and directed nonprofit we are today.

Thank you for your service and devotion to our participants! ♥

## Disability Resource Fair

In May, TACID hosted its first disability resource fair. Thirty vendor organizations, support groups and service providers were on site to share information & resources for folks living with disabilities, mental and behavioral health challenges. The 2-hour event was well-attended and very well-received by participants and vendors alike.



## New Board & Staff Members in 2024

We're so grateful for our talented and committed staff and board members who serve at TACID. In 2024, we welcomed two new board members: **David Strong**, Executive Director, NAMI Pierce County and Occupational Therapist & Adjunct Professor, UPS, **Kirsten Wilbur**.

We welcomed three new staff members: **Molly Viers** as our Dayroom Co-Coordinator, **Samantha "Sam" Aiello, CPC**, joined as our 2<sup>nd</sup> Dayroom Co-Coordinator and **Ramona O'Connor, CPC**, joined as a Support Group Facilitator and Information and Referral Assistant.

## Impact Report 2024

2023 971  
Individuals  
11,180  
services provided

2024 1,336  
Individuals  
16,109  
services provided

## Support & Revenue

	2023	2024
Corporate Grants	350,000	270,000
Foundation Grants	304,182	259,219
Special Events	67,639	16,935
Government Grants	20,110	300,403
Donations	36,128	133,013
Investment Income/Loss	7,139	1,173
Total Support & Revenue	785,197	980,743

## Assets

Change in net assets	(407,438)	(26,726)
Net Assets, beginning of the year	646,497	239,059
Net Assets, end of year	239,059	212,333

## Expenses

Program Services	971,998	819,304
General & Administrative	161,006	174,920
Fundraising	59,632	7,572
Total Expenses	1,192,636	1,001,796

## Growing Community Fundraiser

In October, we held another wonderful fundraising luncheon at TACID. The large meeting space where we host our potlucks was filled with nearly 80 people. Attendees enjoyed a boxed lunch while staff and board members reported on TACID's impact and future. The highlight of the event was hearing from three of our participants—each telling their story of how the welcoming community at TACID has made a profound difference in their lives.



Fundraising Luncheon

## Participants share about TACID..



"I love TACID because I meet new faces and learn about other backgrounds and I get to play with others that like me, have different ways of learning skills."



"Since coming to TACID, I've become more high-functioning"



"I've learned that I don't have to live in the confines of what people think of me and what they judge my ability levels to be."



"TACID is an opportunity to meet and make new friends and do different things. Being a part of something positive & motivating is a helpful quality to share."

