New AAA Poll Explains Record Road Travel Despite Record Gas Prices

Survey Points to Three Ways Connecticut Drivers Are Saving

HARTFORD, CT (July 8, 2022) – A new AAA poll indicates that Connecticut drivers are adjusting their daily driving habits, their travel plans and their travel budgets to accommodate for record gas prices - but still planning road trips this summer, as evidenced by the traffic on our roads over the holiday weekend.

“There is no overstating the pent-up demand to travel in the wake of COVID,” says Tracy Noble, spokesperson for AAA in Greater Hartford. “While gas prices will discourage some, those who still want to go are simply cutting back elsewhere.”

The new AAA poll of Connecticut drivers points to three ways they are saving money.

1. Adjusting daily driving behaviors

   Almost 70% of Connecticut drivers say they have adjusted their daily driving behaviors because of gas prices. This is up almost 20% from late last year when the average price of gas in Connecticut was closer to $3.50. Of those cutting back:

   a. More than 40% say they are consolidating or running fewer errands
   b. More than 55% say they are limiting their driving any way they can

2. Not commuting to work

   Only about half of Connecticut drivers say they typically commute to work. Of those who do typically commute:
a. About 20% say they try to work from home more often  
b. About 10% say they carpool or ride share to work more often

3. Adjusting travel plans or travel budget

More than 60% of Connecticut drivers making summer travel plans say gas prices have factored in to their planning. Of those planning to travel this summer:

a. About a third (32%) say they are taking fewer trips because of gas prices  
b. Almost 15% say they are taking shorter trips because of gas prices  
c. Almost 20% say they are adjusting their travel budget for dining or lodging because of gas prices

“Even though gas prices have started to fall, these adjustments in behavior will likely linger as long as gas stays above four dollars a gallon, possibly even longer,” Noble adds.

AAA Tips and Resources for Saving While on the Road

1. **Shop around** – Gas prices can vary dramatically corner to corner, county to county. Use the [AAA app](https://aaa.com/) or the [AAA Fuel Finder](https://aaa.com/fuel/) to locate the least expensive gas near you.

2. **Map it out** – As you make plans for that Great American Road Trip, use the [AAA Gas Cost Calculator](https://aaa.com/gas-prices/) to determine your fuel costs so you can budget accordingly.

3. **Take advantage of AAA Discounts and Rewards** – Members who join the [Shell FUEL REWARDS®](https://www.aaa.com/shell) program save 30 cents/gallon on first fill-up and 5 cents a gallon after that.

**Methodology:**
The AAA survey of 621 residents in Connecticut was conducted June 18-19, 2022, by Public Policy Polling. The survey has a margin of error of +/- 3.9%.

**About AAA:**

AAA provides automotive, travel, and insurance services to more than 63,000,000 members nationwide and more than 1,000,000 in Connecticut. AAA advocates for the safety and mobility of its members and has been committed to outstanding road service for more than 100 years. AAA is a non-stock, membership corporation working on behalf of motorists, who can map a route, access a COVID travel restriction map, find local gas prices and electric vehicle charging stations, discover discounts, book a hotel, and track their roadside assistance service with the AAA Mobile app ([aaa.com/mobile](https://aaa.com/mobile)) for iPhone, iPad and Android. For more information on joining or renewing a Membership, visit [www.AAA.com](https://www.AAA.com).

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