

Drawing with Mr. J!

A Snow Buddy

Today's challenge is "a snow buddy." Mr. J invites students to draw along as they explore compromise in relationships and working through disagreements. He discusses a series of strategies to work through these challenging times together.

Ohio SEL Standards

- **Relationship Skills:**
  D3. 2.a Recognize that there are various ways to solve conflicts and utilize these techniques to practice solving problems
  D3. 2.b Apply conflict resolution skills to manage disagreements and maintain personal safety

This video aligns with Ohio's Early Learning and Development Standard, Social & Emotional Development, Relationship Skills: 4.c. Develops ability to use simple strategies to resolve conflicts with peers (Pre-Kindergarten).

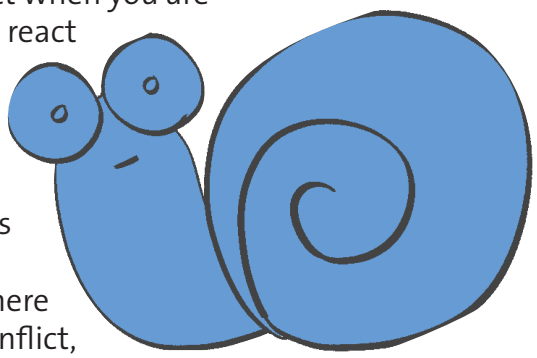
View and Sketch: *5 minutes*

Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students' work on Instagram @wosuclassroom #DrawingWithMrJ.

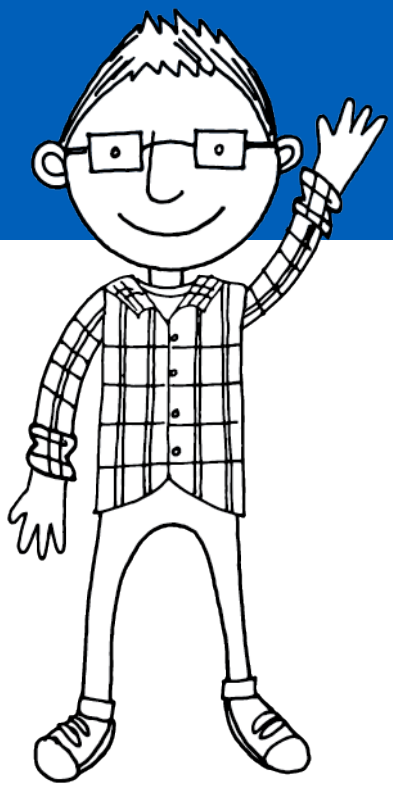
Chat: *5-10 minutes*

After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- **Help students identify emotions**. How does your body react when you are having fun playing with your friends? How does your body react when you begin to feel frustrated with your friends?
- **Identify what prompts our emotions.** When was a time you can remember having a lot of fun with one of your friends? Is there a time you can remember being really frustrated with your friends? How were you able to process those uncomfortable feelings?
- **Promote awareness and/or empathy.** When was a time where you were happy with a compromise during a friendship conflict, but your friend was not? How could you help support them through their own feelings of frustration?



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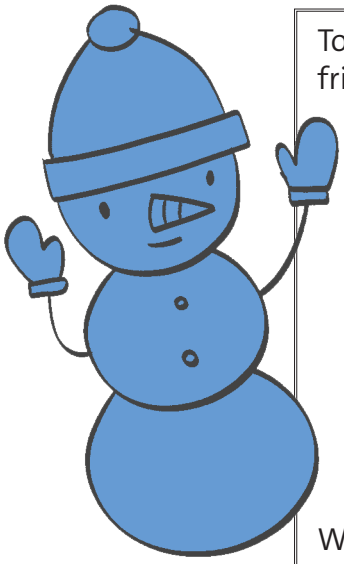
Read: *10 minutes*

Use these picture books to spark continued conversation with students about the feelings discussed in the video.

- *The Squirrels Who Squabbled* by Rachel Bright and Jim Field
- *A Friendship Yarn* by Lisa Moser
- *Kindness Grows* by Britta Teckentrup
- *Making a Friend* by Tammi Sauer and Alison Friend

Share: (Home to School Connection)

To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.



Today, your child learned about seeking compromise and making a plan during friendship conflicts. Our class discussion focused on:

- **Helping students identify emotions.** How does your body react when you are having fun playing with your friends? How does your body react when you begin to feel frustrated with your friends?
- **Identifying what prompts our emotions.** When was a time you can remember having a lot of fun with one of your friends? Is there a time you can remember being really frustrated with your friends? How were you able to process those uncomfortable feelings?
- **Promoting awareness and/or empathy.** When was a time where you were happy with a compromise during a friendship conflict, but your friend was not? How could you help support them through their own feelings of frustration?

We encourage you to continue the conversation at home. There are many wonderful books that explore different family traditions. A few that we recommend include:

- *The Squirrels Who Squabbled* by Rachel Bright and Jim Field
- *A Friendship Yarn* by Lisa Moser
- *Kindness Grows* by Britta Teckentrup
- *Making a Friend* by Tammi Sauer and Alison Friend

Extend:

- Each student in the class designs their own snow buddy and shares what makes this buddy a great friend. Discuss the attributes students are looking for in a friend.
- Create a class poster of strategies to use when faced with a friendship conflict.
- Create a comic strip of two friends who keep running into frustrations together but always end up appreciating one another.
- Explore different playground activities that happen during recess and the rules of these activities so that all students are on the same page, limiting frustrations.
- PBS for Kids Games with Emotions (for younger students) wosu.pm/pbskidsgames