WOSU FIREFLIES

WOSU classroom

Kid's Club Family Firefly Challenge

WHAT CAN YOU BECOME?

This challenge will help your child imagine what they might become by exploring jobs that use movement, action, and their bodies.

Watch:

PBS Kids: What Can You Become? — Movers

As you watch, notice how people in different jobs move their bodies to do their work. Some jobs involve lifting, dancing, building, helping, or being active all day long. After watching, talk about what you noticed:

- What kinds of movement did you see in the video?
- How did people use their bodies to do their jobs?



Do:

Choose a job you saw in the video or one you already know. Some examples include: dancer, builder, firefighter, mail carrier, athlete, and doctor. Act it out using your body. Try moving like you are:

- lifting, pushing, or carrying
- jumping, stretching, or balancing

Create three movements that go with your job. For example, a construction work movements could be: lifting tools, hammering, walking across a site. Now create a movement guessing game (act out a job and guess it).

Chat:

After moving and acting out jobs, take a few minutes to talk together:

- How do our bodies help us work and help others?
- Can you think of a job that uses both your brain and your body?

Want more?

Play Sesame Street A Job For Me Game on PBS KIDS.