

JANUARY



LEARNING, FUN, EVERY DAY AT HOME

VIDEO

SESAME STREET

Order up! Learn all about cooking on Elmo's World! What will Chef Elmo make for you today?

PINKALICIOUS

Pinkalicious builds an obstacle course for her unicorn, Goldie.

WORK IT OUT WOMBATS

The Wombats make gifts for three baby fish.

DONKEY HODIE

Panda really wants to win the Bongo-lympics but has never come in first place before. Coach Donkey is here to help him practice!

ACTIVITY

PLAY IMAGINARY RESTAURANT

Play make-believe with your child by opening an imaginary restaurant. Your child can create a menu and take your food order. **TIP** Talk over strategies to help them remember each food order.

CREATE AN INDOOR OBSTACLE COURSE

Create an indoor obstacle course by giving your child physical obstacles to complete before reaching the finish line. **TIP**: Lead toddlers through the course for extra practice.

MAKE A SLIDE FOR A STUFFIE

Encourage your child to create a playground slide using household materials for a stuffed animal of their choice.

STACK CUPS AS A TEAM

Practice teamwork by stacking cups without using your hands! Tie a rubber band around pipe cleaners and using it as your "arms." Work together to stack plastic cups on top of each other.

FAMILY TIME

MAKE A LETTER LUNCH MENU

Write a list of foods that begin with a chosen letter and cook recipes featuring those foods.

FAMILY BREATHING EXERCISES

Try some breathing exercises as a family. Place a stuffed animal on your chest and take deep breathes watching the toy rise and fall with your breathe.

BAKE AND BUILD PANCAKE PATTERNS

Spend some time as a family making pancakes then create growing patterned pancake stacks using pancake toppings. **TIP**: Practice creating growing patterns using everyday items like blocks or beads.

FAMILY RELAY RACE

Organize a family relay race using a household object like a spoon. Add fun challenges like hopping on one leg or walking backwards to make it more fun.

PRINTABLE

HAPPY HEALTHY SNACK CHART

CALMING DOWN COLORING PAGE

FLOWER GARDEN PATTERN COLORING PAGE

LOOKING CAREFULLY ACTIVITY