

But Why: A Podcast for Curious Kids

300th Episode: What's your favorite?

September 18, 2026

Jane 00:20

This is But Why: a Podcast for Curious Kids from Vermont Public. I'm Jane Lindholm, and today we're celebrating a very special milestone. It's our 300th episode. That's a lot of But Why, and a lot of questions we've answered. We've been making this show for 10 years now, and our first generation of listeners has probably moved on to college. How long have you been listening? Maybe you've listened to all 300 episodes, some more than once. That would be like 150 hours or more of But Why, so I hope your adults like it as much as you do. But maybe you're a newer listener. That's great. Not only do you have lots of episodes to choose from that we've already made, but we're still making new ones. So stick around. We think 300 episodes is a big deal, so we wanted to celebrate with all of you, our listeners and question askers. We asked you to share your favorite episodes, and wow, we got some great recordings from you, so we're going to listen to them today. Let's dive right in with some thoughts on our most far out episodes.

Amari 01:30

My name is Amari. I am six years old. I am from Tucson, Arizona. My favorite But Why episode is "Why Does Space Have So Many Planets?"

Dhriti 01:39

Happy birthday, But Why! I'm Dhriti, and I'm from India. I'm nine years old, and my favorite episode is "Where Do Constellations Come From, because it has me!"

Alora 01:52

I'm Alora. I live in Burnsville, Minnesota, and I'm nine years old. My favorite episode was the one about constellations because I really like space and stars and galaxies and supernovas and nebulas and all that sort of stuff.

Eleanor 02:08

My name is Eleanor. I'm nine and three quarters and I live in Mayo, Ireland. I love all your episodes, but my favorite was how do dinosaurs leave tracks. I enjoy how you talk about which dinosaurs made the tracks, and I just love to be a paleontologist when I grow up. When I hear the word dinosaur, I go into dinosaur mode.

Chase 02:30

My name is Chase. I'm six years old, and I live in Allentown, Pennsylvania, and I like the dinosaur episode because I like dinosaurs.

William 02:47

Hello, my name is William. I'm 11 years old. I'm from East Brunswick, New Jersey. My favorite episode is "Why Do Trains Run on Tracks? Because I love trains.

Sidharth 03:01

Hi, my name is Sidharth. I live in Canberra, Australia. I'm eight years old, and my favorite episode was the episode about trains.

Lyle 03:13

Hi, my name's Lyle. I'm five years old. I'm from Worcester, Ohio. My favorite episode is Who the Scizor Robots Look Like. Because I like to learn about the robot dog.

Jane 03:26

That was one of the really cool things I've gotten to do for this podcast. When I started making But Why, one of my goals was to be able to learn and see and do cool things. So I was really excited when we got the chance to visit a manufacturing facility near us that uses robot dogs in its work, these dog robots can help sense dangerous chemicals so people don't have to be put in harm's way. And since they are robots, not actual dogs, they're not in danger either. But even though they're made out of metal, they can still roll over and get a belly rub, just like a real dog. One of your favorite things to ask us about is how our bodies work. So I'm not surprised that a lot of you told us the bodies episodes are your favorites. Here's Neomi's top pick.

Neomi 04:12

I'm from Everett, Washington. My favorite episode of But Why is the one about glasses and eyeballs.

Kiyomi 04:19

Hello, my name is Kiyomi. I'm seven years old, and I live in Calgary, Alberta. And my favorite episode is "How Does the Heart Work? because it teaches me more about my heart and my body.

Jane 04:31

A few weeks ago, a family of But Why listeners from Ottawa, Canada, stopped by our studio on the way to a family vacation. The kids were Alex.

Alex 04:40

My name is Alex.

Jane 04:41

How old are you?

Alex 04:42

Five.

Jane 04:43

And his sister Ava. Ava told us about her favorite episode. I'm 10. I'm from Ottawa, Canada, and my favorite episode is the blood donation one. I like blood, and it was ust fun to listen to, and then I liked it, so I just kept listening to it.

Talia 05:05

My name is Talia. I'm nine years old, and I live in Annandale, Virginia. My favorite episode is when Jane donates blood. I think it's very descriptive, and it gives you a very good perspective of how it would happen if one one of us actually decided to do it.

Ethan 05:22

Hi, I'm Ethan. I'm seven years old, and I'm from Christchurch, New Zealand. And my favorite episode is the one about blood because I didn't know much about blood.

Jane 05:35

That episode is another example of when we got to go somewhere really interesting for the podcast. I visited a Red Cross blood donation center to get some insight into what happens when people donate their blood for other people who need it, and why those other people might need that blood. To make the episode and to help make the needles seem a little less frightening, I let the nurse working there, Linda, take some of my blood while we talked. I would prefer to use my right arm because I'm left-handed. So, will you describe what you're doing while you're doing it?

Linda Sweet 06:07

So, we have three bags, but we're only collecting red cells in one bag. The other two bags are for separating the components of your blood, the white cells and the red cells. And then we have sample tubes that we have to scan as well, because we have to do different tests when we take your blood. We test your blood type every time you come in, and there's different other tests that we do.

Jane 06:34

And so you're testing my blood mostly to make sure that my blood is safe to give to somebody else who needs it?

Linda Sweet 06:41

Exactly. Yes, you are correct. All right. So I'm just going to mark your vein with a purple surgical marker.

Jane 06:51

How much blood do you take?

Linda Sweet 06:52

We take a pint. Actually, depending on your your weight, we take a little bit more. We take about 50 mils more than a pint.

Jane 07:03

Now, some people really don't like needles. What would you say to reassure people who don't really like having a needle in them?

Linda Sweet 07:10

It's very safe, and honestly, the finger stick is usually the worst part of it. Once the needle's in, you don't even feel it, and so, and if you think of the reason why you're doing it, you know, you're trying to save a life, you're trying to extend someone's life. It's so important, so important. It doesn't hurt once you get used to it. The first time you do it, you're a little nervous, but once you do it a few times, it's not, it's not as bad.

Jane 07:35

And they always give you snacks.

Linda Sweet 07:37

Yes, yes, and drinks. Yep. All right, and you can watch or look away.

Jane 07:45

Do most people watch or do most people look away?

Linda Sweet 07:47

People look away. Good job.

Jane 07:52

So you couldn't hear it because it doesn't make any noise. But Linda put a needle into my vein, and the blood is flowing through now into a bag.

Linda Sweet 08:00

Yeah, and it takes about five to 10 minutes. Some people are faster. Some people are a little slower, depending on the size of the vein, placement of the needle. But Jane has a great vein, and she's flowing very well. It's probably going to take about five minutes.

Jane 08:22

That was actually fun, and it reminds me I'm due to give blood again. The full episode, if you want to check it out, is called "Why Do We Donate Blood? Let's hear some other fan favorites.

Amir 08:32

Hi, my name is Amir. I live in Limerick, Ireland, and I'm 10 years old. My favorite episode is how are records made. I just thought it was a really interesting episode.

Kate 08:47

Hi, my name is Kate, and I am 12 years old. I live in Bellingham, Washington. I have been listening to your podcast since I was six years old, and my favorite episode is why are some words bad.

Callie 08:59

My name is Callie, and I am eight years old, almost nine, and I live in St. Louis, Missouri. And my favorite episode is the dream episode because I dream a lot, and so does my mom, and I am always curious about my brain. Thank you for filming that episode; it really means a lot to me.

Thomas 09:16

Hello, my name is Thomas. I am six, almost 7. 6-7. My favorite episode is the one about memories.

Jane 09:24

I heard what you did there, Thomas. Six seven to you too. Cassidy wrote to us from Texas to say my favorite episode was the one where we learned how to whistle. I like it because I can't whistle, and I didn't know there was professional whistling.

Ellie 09:38

My name is Ellie. I'm five years old. I live in Regina, Saskatchewan, Canada. My favorite episode is the one where you try and whistle.

Jane 09:52

Can you whistle? Maybe you'll be able to after you listen to the episode. Let's hear a little bit of it now. Ah, it's so beautiful.

Emily 10:16

Oh, thank you. Well, it's really fun to do. My name is Emily Eagan. I am a musician of all kinds. I'm a singer. I am a ukulele player, a pianist, a guitarist. I write songs, and most of all, I whistle.

Jane 10:31

What does it mean to be like a professional whistler, or to say what you are as a job is a whistler? That's really cool.

Emily 10:40

That's a really good question because it's something that I've kind of had to find my own way with. I started out singing, but every time I sang and there was a chance to do a little bit of extra stuff, I would always throw in a little whistling line, and people got really excited about it. And then I started whistling for things like sports games where I would go and whistle the Star Spangled Banner, and I would whistle just to make people laugh. And eventually, I started whistling when I whistled in all my performances. I started whistling for kids. I started whistling for grown-ups. I even started whistling like opera arias and things like that. So basically, anything that you can sing or hum, you can whistle, and that's what I've tried to do. Whistling used to be a really fancy art form, and you could find people whistling professionally all over the place. So one of the things that I like to do is remind people that that could happen again. So if I sing a bunch of songs, then instead of singing, I'll get up there in a fancy dress or get up there with my instrument, and I'll just whistle instead. And I'll really try to remind people that whistling can do all these amazing things that any instrument or voice can do.

Jane 11:40

Can you give us an example?

Emily 11:42

What's really cool is when you can whistle something really that goes really high and really low. So, for example, I have to lick my lips a little bit. You can whistle all kinds of fancy stuff like that. Like you probably know.

Jane 12:21

That was beautiful!

Emily 12:23

Thank you. So you can. So it's really fun to show people that you don't just have to whistle little tunes. You can actually whistle big, fancy orchestral things.

Jane 12:31

Yeah, and and can you whistle things like sounds that machines make or that birds make and other things?

Emily 12:38

I love making little bird sounds. If I hear a bird outside. I try to whistle back to it. So if a bird goes, I might go and see if I can have a little conversation with it, or see if it can imitate me.

Jane 12:52

The name of that episode is "How Do You Whistle? Now, from music to sports, here are some of your favorite episodes about athletes and athletic competition.

Estelle 13:03

Hi, my name is Estelle. I'm 10 years old. I live in Olympia. My favorite episode is summer is the Summer Olympic one you made two years ago.

Dhiraj 13:13

Hi, my name is Dhiraj. I'm five years old. I live in New Jersey, and my favorite episode is when was the first World Cup?

Olive 13:25

Hi, my name is Olive and I live in Perth, Western Australia. I'm 11 years old, and my favorite episodes of But Why are When Was the First World Cup and What Is ADHD?

Jake 13:40

Hi, my name is Jake. I am eight years old. I live in Columbia, South Carolina. My favorite episode was when was the first World Cup because I really like sports and I think it is interesting because the first World Cup trophy was stolen and has never been recovered.

Belen 14:01

My name is Belen. I'm four years four and a half years old. I'm from Ohio, California, and I like when was the first World Cup because I like soccer.

Jane 14:18

Of course, there's more to life, and But Why than sports, for example?

Scarlett 14:23

My name is Scarlett, and I am nine years old and from Auckland, New Zealand. And my favorite episode is "How Do You Make Pai?" and it is my favorite episode because I like how they explain to us on how to make it, and I like how they tell us like the other stuff that he makes out of materials.

Jane 14:47

I loved that episode too, Scarlett, and I especially enjoyed that one of the materials you can use to make your own paint is spit. Probably best to only use your spit if you're making paint just for yourself.

Rafi 15:00

My name is Rafi, and I live in Chicago, Illinois. My favorite episode is the video game one because I love video games, and also it told me a lot of new stuff which I didn't know about.

Lily 15:18

Lily and my and my age is seven, and I'm from Tinley Park, Illinois. My favorite episode is the Great Pacific Garbage Patch because it inspired me to look after my planet. Thank you. Goodbye.

Cyrus 15:32

I'm Cyrus, and I am five years old, and I live in Woodbridge, Connecticut, and I like the fossil episode because fossils are are really cool.

Timothy 15:53

Hi, But Why I'm Timothy and I'm age nine and I live in Oxford. My favorite episode is what are red states and blue states because it helps me learn about different cultures.

Jane 16:09

That's a cool perspective, Timothy. That episode was all about American politics and why people sometimes say that states where the majority of voters choose a Republican candidate are red states, while places that tend to vote for Democratic candidates are known as blue states, and I guess it would be a different culture if you live in Oxford, England, like Timothy does.

Maeve 16:30

Hi, my name is Mave, and I'm seven years old, and I'm from Madison, Wisconsin. And my favorite episode is the Bucket List because I love how many people get to share what their fun ideas are.

Jane 16:44

I got some great ideas for things to add to my bucket list from that episode. Coming up, you all really love animals.

Jane 16:53

This is But Why? I'm Jane Lindholm, and today we're celebrating 300 episodes of But Why by hearing which of them are your favorites and what you liked about them. Animal episodes definitely rank highly with a lot of you.

Lucy 17:07

Hi, my name is Lucy. I'm seven years old and I live in Guelph, Ontario. And my favorite episode was the panda one because I liked hearing about chow chee chee and the pandas getting my blood drawn.

Lucy 17:22

Hi, my name is Rowan. I'm eight years old. I live in British Columbia, Canada, and my favorite episode is Why are Pandas Black and White?

Jane 17:31

That's another example of a field trip we got to take. We went to the National Zoo in Washington, D.C. to meet three pandas living there, essentially on loan from the Chinese government, those pandas went back to China in 2023. But the zoo has since welcomed two new ones. Here's another field trip episode favorite.

Nina 17:50

Hi, But Why. My name is Nina. I am eight years old, and I live in Sersing, Maryland. And my favorite episode is Why do wolves howl. Thank You, Web Show. show?

Henry 18:04

My name is Henry. I am six years old. I live in Leander, Texas. My favorite animal episodes are about the pinnipeds.

Jane 18:21

In case you haven't heard that episode, want to know what a pinniped is? The word means fin-footed, and it's the name of a group of meat-eating marine mammals with flippers that include seals, sea lions, and walruses.

Emmie 18:36

My name is Emmie. I'm seven years old. I live in Chicago. and my favorite video is do animals play, and I didn't know a lot, so that's why I love it, and and that's why I want to do it for.

Graham 19:02

My name is Graham. Um, I live in Hudson Valley. I'm five years old, and my favorite episode is the bee episode. I like I like when they talk about the wasps.

Milo 19:19

Hi, I'm Milo, and I'm 10 years old, and I live in Toronto, Canada. My favorite episode is "How Do Bees Make Honey? Why Do They Sting? I like it because bees are my favorite animal, and I also really love the song.

Jane 19:34

I was just thinking about that episode over the weekend, Milo, because I'm a beekeeper myself, and we just harvested our honey.

Teddy 19:40

I'm Teddy. I'm two and a half. I live in Old Lyme, Connecticut. Komodo Dragon.

Nicole 19:54

My name is Nicole. I live in Bermuda. I'm nine years old. And my favorite episode is how do lizards grow their tails back?

Andrew 20:06

My name's Andrew. I'm four. I live in Old Lyme Connecticut. And my favorite episode is about sharks. I learned about stingrays are a type of shark.

Raphael 20:19

My name's Raphael. I'm eight years old. I'm from Australia, Melbourne, and my favorite episode is the horseshoe crab and the how does it grow back their tails. This is because I love reptiles.

Jane 20:35

We could probably make our whole podcast just about animals. There is so much biodiversity in the world, and so much to learn about different species of animals. But if we did that, we'd miss out on some other delicious topics you love, like food.

Lucy 20:52

My name is Lucy. I live in Nashville, Tennessee, and I'm seven years old. And my favorite episode is the noodle episode because Chef Tony can make a lot of noodles in two minutes? Bye.

Roisin 21:07

Hi, my name is Roisin. I'm from Madison, Wisconsin. I'm 10 years old, and my favorite episode of But Why is How Is Candy Made. It is because I feel like there's so many cool, experienced people that talk in it, and um, it's candy.

Ben 21:29

Hello, my name is Ben. I live in Beacon, New York. I am eight years old, and my favorite episode of But Why is how is candy made?

Owen 21:44

My name is Owen, and I'm from South Africa, Johannesburg. And my my favorite episode is how is cheese made.

Hattie 21:54

My name is Hattie, and I'm 10 years old. I live in Pittsburgh, Pennsylvania, and my favorite episode is how is cheese made. It is my favorite episode because I love cheese.

Jane 22:06

Man, I love cheese so much too. One of the things we love best about making this show is when we get to explain something that helps kids understand themselves better, and sometimes we get to help you feel better about something that was kind of weighing on you or making you anxious. One episode we made recently that we've heard a lot of feedback about is explaining something called ADHD. Some of you may have been told you have ADHD because your brain behaves in interesting and different ways that are sometimes described as neurodiversity.

Jane 22:40

Hi, Jane. I'm Zev. I'm eight years old. I live in Nacogkeek, Maryland, and my favorite episode was the ADHD one because I have it, and I base and it's teaching me how to make let it help me, not go against me. And my second favorite one, in fact, is the poop one because everybody likes that, including me.

Haroun 23:05

Hi, my name is Haroun. I'm 11 years old and I live in Bothell, Washington. My favorite But Why episode is What Is ADHD and the 200th episode in which I was featured.

Everett 23:05

Hi, my name is Everett. I am seven years old. I live in Worcester, Ohio. My favorite episode is "What Is ADHD? because it makes me feel better about how my brain works.

Jane 23:27

Let's listen to a little bit of what our guest, Dr. Liz Angoff, had to say.

Dr. Liz Angoff 23:31

So it's important that we have all different paths because if all brains worked exactly the same, our world would be very, very boring, and we have all kinds of different problems that come up that we face every day, and so we need lots of different types of thinkers to solve these different kinds of problems. And in fact, some of the people who have made the biggest difference in our worlds have been divergent thinkers who have thought in a different way, who have gone off the beaten path, so ADHD is one of those unique types of brains. It is a really cool kind of brain with a ton of strengths and some things that can be a little bit tricky. ADHD is actually the letters A D H D, and it stands for attention deficit hyperactivity disorder. But to be honest with you, it's actually a really bad name for what's going on. So I would love to break it down. So the first piece is the attention piece. So attention deficit means lack of attention, but it turns out that ADHD brains are actually paying attention to everything, and a lot of what's really going on is that it's not a lack of attention, but that it's hard to control what you're paying attention to and when. So, in fact, ADHD brains tend to notice a lot of things that other people don't, or they might be thinking about things that other people aren't thinking about, and this can lead to new ideas. It leads to creative thinking or unique problem solving, and in fact, when ADHD brains find

something that they love, they can do something called hyperfocus, which is where you put extra focus into something for an extra long time, and can sometimes become your area of expertise when you grow up, which is a really cool feature. On the flip side, it can be hard to turn on your attention for things that aren't interesting to you. So, like in class, if the teacher is talking about something that's not that interesting, or if you have to remember to do your chores at home, that might be a little bit trickier for your brain than most brains. So, that first part of ADHD is the controlling attention part. I think the second part of ADHD is the H, which stands for hyperactivity, and hyperactivity just means that you love to move. And the funny thing about this part is that not all ADHDers have this part. But if you do have this part and you're a mover, you might find that you learn best when you're moving, or that you love moving activities like sports or dance or just running around playing tag, and you may also find that you say and do things before you think about them, which actually leads a lot of ADHDers to being very funny and spontaneous. Sometimes this part may mean that you do things before you think through them, which can be tricky if you do something you didn't mean to do, and you have to say you're sorry. So, we can think of the second part of ADHD as the moving and doing part of ADHD.

Dr. Liz Angoff 26:51

The last episode we want to talk about today is one of my favorites. We teamed up with cellist Zoe Keating and asked her to add some musical accompaniment for an episode called "Where Does the Sky End? Seems like some of the adults who listen to our show alongside you kids also really like that one.

Jessica 27:19

Hi, my name's Jessica. I'm 39 years old, and I also live in Guelph, Ontario. And my favorite was the podcast about the sky and where it begins and where it ends, because it was a philosophical question and a scientific question.

Jessica and Lucy 27:35

Thank you. Congratulations on 300 shows!

Dusty 27:43

Hi everyone! I knew immediately what my favorite episode was, even though I'm an adult. But I love But Why? My favorite episode is from 2020, and it's called "Where Does the Sky End? And it's beautiful. I do struggle a lot with anxiety, and so when I listen to that episode, it really brings me back to like a safe grounding place and a comforting thought. The sky is really just a beautiful like thing that you can look up to and know that it's there, and it changes constantly, but it's also constantly the same. And there's also insects up there, and just really cool stuff. And like the person that did the music with it was just beautiful. Like that's 100% my all-time favorite episode. It's connected with such beauty and science. It's just awesome. I forgot to say my name is Dusty. I'm 27. I'm from America.

Jane 28:47

Let's hear a little bit. What is the boundary between air and space, and why can't we hold air? Air surrounds you. It envelops you. It reaches into your building, your car, your tent, your classroom, you breathe it in and you breathe it out. It spreads down to the ground and stretches as high as you can see up into the sky. But if air is what the sky is made of, and air is all around us, where does the sky begin?

Are we standing in the sky with our feet on the ground, and where does the sky end and space begin? Now you probably think you know where the sky begins because you can feel the land with your feet. You can see the horizon where the land ends and the sky begins, but sometimes that reality we think is so clear can get turned upside down.

Hugh 29:45

You know where the sky starts and where the land ends. I mean, I suppose physically there's a there's a place, but in practice, you know, when you're in a particular place, maybe it's not so clear. I don't know. It's not, and it changes depending on the conditions.

Jane 30:01

That's Hugh Raffles. He's an anthropologist.

Hugh 30:04

I'd say anthropology is the study of the connections between people and other people, and people and things in the world. I know that's about as general as you could be.

Jane 30:22

One of the things cultural or social anthropologists do is they try to spend time in the place they're studying, talking to people about why and how they behave the way they do, and what in their culture and landscape and history influences the way they live now. Hughes in the process of finishing up a new book.

Hugh 30:43

Book's sort of about rocks and stones, sort of not really, but sort of

Jane 30:47

Rocks and stones and people. So, as part of his research, Hugh went to a country called Greenland. It's a big island between North America and Europe. Part of it is above the Arctic Circle, the most northern part of the world, the top of the world. If you're looking at a globe, and Greenland is covered by a giant ice cap.

Hugh 31:09

And it was in winter. Well, it was sort of early spring, so it was very, very icebound. You know, it was a frozen bay. Everything was just completely frozen. So everything was white. There was really almost no gap between the land because the land was just covered in ice between the land and the sky, you really couldn't tell where it was. So what you, but what you'd get instead would be these, these weird light effects, like you know, like sort of these, you know, like oh gosh, what are they called? Fata morganas.

Jane 31:38

A fata morgana is a mirage where the line between the air and the land, or the air and water, seems distorted. Sometimes it can look like a boat is floating in the sky instead of the sea, or like it's upside down, and the mirage can shift and change.

Hugh 31:55

These different effects, where the horizon sort of turns upside down, or it creates these sort of like bubbles, or you get what looks like a roar of skyscrapers on the horizon, or something like this. You know, things that just very, very bizarre, bizarre effects. So you really have no idea where the sky, where the sky starts. And even as you look up, it start you start because the colors, the colors aren't really distinct, you know. It's just sort of like a shading.

Jane 32:23

So at one point, while Hugh was in Northwest Greenland, he had to take a helicopter ride up over the frozen ice to the place where he wanted to do his research.

Hugh 32:32

And the first the first trip I made, we got halfway over, and then the helicopter had to turn back, and it was because the the reflection from the ice meant that the pilots couldn't tell where the sky ended, and it was just all completely white. They couldn't they couldn't tell what was land and what was what was sky, because the the sort of reflection back and forth between the sky and the the sky and the ice was you know just made it basically the horizon just disappears completely, so you couldn't tell. So it was too dangerous for them to fly because they didn't know if they were just flying into land. They couldn't tell. So, I think I think it's a good question. You know where the sky starts and where the land ends. I mean, I suppose physically there's a place, but in practice, when you're in a particular place, maybe it's not-it's not so clear. I don't know. It's not, and it changes depending on the conditions.

Jane 33:32

Can you imagine what that would feel like to not be able to see the difference or understand the boundary between the sky and the earth?

Hugh 33:40

Completely disorienting, yeah. Completely disorienting and very, very interesting. Like a little unnerving, but very interesting. But yeah, there's definitely no no sky there. Sometimes.

Jane 33:52

How would you answer that question of where the sky ends with science or philosophy or maybe a little bit of both? We loved hearing from all of you about your favorite episodes, but if we didn't hear from you, maybe it's because you're like Reanna.

Reanna 34:07

I'm six years old, and I live in Australia, Melbourne, and I love all the episodes 'cause I like listening to But Why?

Jane 34:21

One of the very coolest things about making this show is that you never run out of questions, so we will never run out of topics for episodes. Think we can make another 300? Only if you help. To that end, send us your questions. We'll tackle just about anything you're interested in hearing. So have an adult

help record you on a smartphone using an app like Voice Memos. You should tell us your first name, where you live, how old you are, and what you want to learn more about. What's your question? Then have your adult email the file to questions@butwhykids.org. If you don't use your voice or if you're nervous about talking to ask your question. You can always have an adult write it down and send it to us, or have them record themselves asking for you. Thank you for being with us these last 300 episodes, and for all the amazing ways you've helped us learn about the world. This show only exists because you listen and you tell us what you want to hear about. So thank you, and keep those questions coming. But Why is produced by Sarah Baik, Melody Bodette, and me, Jane Lindholm, at Vermont Public, and distributed by PRX. Our video producer is Joey Palumbo, and our theme music is by Luke Reynolds. If you like our show, and we hope you do, please have your adults help you give us a thumbs up or a review on whatever podcast platform you use. It helps other kids and families find us. We'll be back in two weeks with an all-new episode. Until then, stay curious.