

# Calleigh Eidson

## Heath Middle School - Erica Parrott - Category 3

"Darkness cannot drive out darkness. Only light can do that. Hatred cannot drive out hatred. Only love can do that." These famous words were spoken by Dr. Martin Luther King Jr. Dr. King was a civil rights activist, who inspired many people to stand up against injustice. He gave the famous "I Have a Dream" speech and led many successful boycotts.

Light and love is something that the world today is lacking, especially since the pandemic hit, but I believe that we as a community can look back at Martin Luther King and apply his words to the present in hopes of creating a better future. Although there is very little light and love in the world currently, there is some. Some of that is the Black Lives Matter movement. The Black Lives Matter movement is a peaceful protest that began in 2020, and it is still happening today. It is very reminiscent of Martin Luther King's time because the Black Lives Matter movement was started after unfair treatment of African-Americans. During the movement, people everywhere came together and stood up against injustice nonviolently, just like Martin Luther King.

I believe that we can love others just the same as Martin Luther King Jr. did, even at home, in the classroom, and online. Just like the quote said, "Hatred cannot drive out hatred, only love can do that" This means that if someone is mean to you, don't be mean to them back, treat them kindly, even if it's hard to do. The reason that the person is being mean to you is because they don't think highly of themselves. So, if you do the little things like give them compliments or let them sit with you, you may be surprised at how nice they can actually be. Let's all strive to be like Martin Luther King, and change the world for the better, together.

