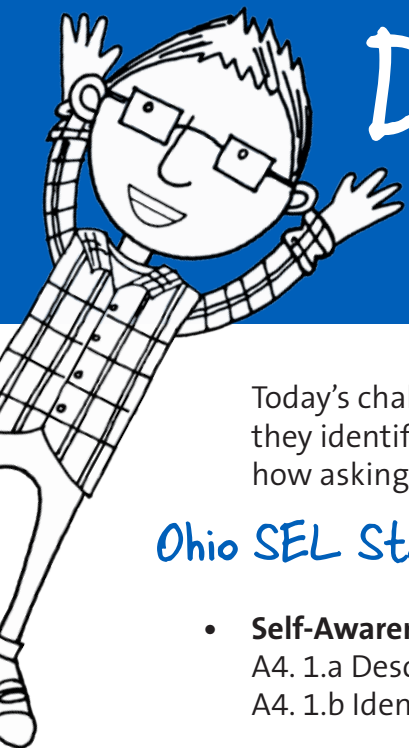




Drawing with Mr. J!

Sports Equipment Playing Sports

Today's challenge is "sports equipment playing sports." Mr. J invites students to draw along as they identify the importance of learning the rules, and how these rules keep us safe. He discusses how asking for help is a great way to learn more about a new activity.

Ohio SEL Standards

- **Self-Awareness:**

A4. 1.a Describe the outcomes of both following and breaking rules

A4. 1.b Identify and describe how personal choices and behavior impacts self and others

This video aligns with Ohio's Early Learning and Development Standard, Social & Emotional Development, Relationship Skills: 4.b. Develops socially competent behaviors with peers (Pre-Kindergarten).

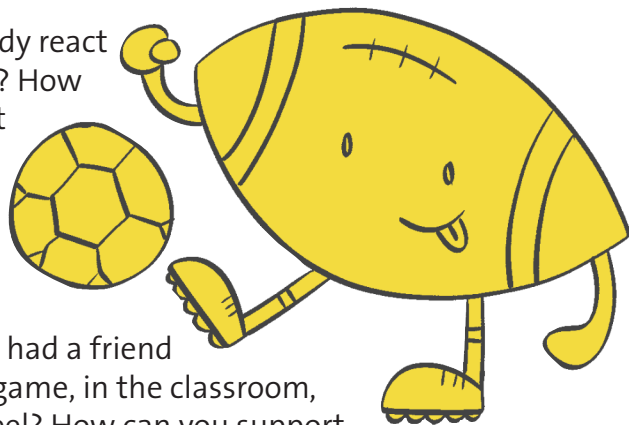
View and Sketch: *5 minutes*

Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students' work on Instagram @wosuclassroom #DrawingWithMrJ.

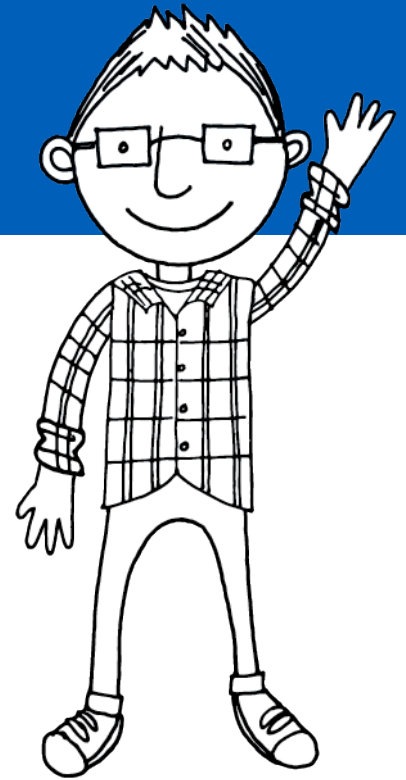
Chat: *5-10 minutes*

After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- **Help students identify emotions.** How does your body react when you feel confident in understanding the rules? How does your body react when you feel uncertain about what you are supposed to be doing?
- **Identify what prompts our emotions.** When was a time you may have not understood the directions? Or maybe you missed what you were supposed to be doing? How did you respond to this situation?
- **Promote awareness and/or empathy.** Have you ever had a friend not know what they were supposed to do during a game, in the classroom, or another activity? How do you think they would feel? How can you support them to be successful?



Drawing with Mr. J!



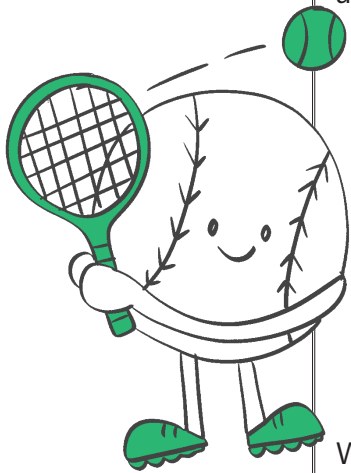
Read: 10 minutes

Use these picture books to spark continued conversation with students about the feelings discussed in the video.

- *How do Dinosaurs Stay Safe* by Jane Yolen and Mark Teague
- *The Book of Rules* by Brian Gehrlein and Tom Knight
- *Froggy Plays Soccer* by Jonathan London

Share: (Home to School Connection)

To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.



Today, your child learned about the importance of learning the “rules of the game” and asking for help. Our class discussion focused on:

- **Helping students identify emotions.** How does your body react when you feel confident in understanding the rules? How does your body react when you feel uncertain about what you are supposed to be doing?
- **Identifying what prompts our emotions.** When was a time you may have not understood the directions? Or maybe you missed what you were supposed to be doing? How did you respond to this situation?
- **Promoting awareness and/or empathy.** Have you ever had a friend not know what they were supposed to do during a game, in the classroom, or another activity? How do you think they would feel? How can you support them to be successful?

We encourage you to continue the conversation at home. There are many wonderful books that explore different family traditions. A few that we recommend include:

- *How do Dinosaurs Stay Safe* by Jane Yolen and Mark Teague
- *The Book of Rules* by Brian Gehrlein and Tom Knight
- *Froggy Plays Soccer* by Jonathan London

Extend:

- Start by explaining the rules of a game but not revealing the name of the activity. As more of the rules are explained, students should guess the activity that corresponds with the expectations.
- Create a comic strip explaining the fundamentals of a favorite sport or activity to others.
- Create a new game as a class, developing the rules and expectations together.
- PBS for Kids Games with Emotions (for younger students) [wosu.org/pbskids/games](https://www.wosu.org/pbskids/games)