

Recovery & Rehabilitation Services

Allegheny County residents with mental illnesses can receive services to help them live their lives at optimal levels

- › at home through residential and housing support services,
- › at work through vocational rehabilitation services, and

in many areas of their lives through social and psychiatric rehabilitation services.

Peer Support Services

Community-based providers offer Allegheny County adolescents age 14-17 with mental illness a consumer-operated system of peer support and advocacy.

Student Assistance Program (SAP)

The Student Assistance Program (SAP) facilitates early identification and intervention for students who are experiencing any barriers to learning. Consultants from DHS contracted behavioral health service providers (SAP liaisons) meet with school staff and participate in case reviews of students referred to the program. The SAP liaisons also provide student screenings for behavioral health problems, and ensure students and caregivers gain access to treatment and other services.

Bureau of Mental Health Purpose Statement

The DHS OBH Bureau of Mental Health Services works closely with providers and other stakeholders to deliver culturally competent, quality services to individuals and families across the life span. Built upon the principles of resiliency and recovery, the bureau supports and respects each persons right to choose services that meet their unique needs.

DHS IS

responsible for providing and administering publicly funded services to Allegheny County residents.

DHS PRINCIPLES

All services will be

- high quality, comprehensive, and accessible.
- individualized and designed to be respectful of the unique cultural characteristics of each individual and/or community
- integrated and offered through a team approach that recognizes the capacity of individuals and families to identify their own strengths, needs, and goals; create relationships with natural supports; and take steps necessary to accomplish these goals.



Office of Behavioral Health

Sara Innamorato

ALLEGHENY COUNTY EXECUTIVE

Erin Dalton

DIRECTOR, DEPARTMENT OF HUMAN SERVICES

Phone: 412-350-4456

Fax: 412-350-3880

www.alleghenycounty.us/dhs/obh

Human Services Building
One Smithfield Street, Suite 300
Pittsburgh, PA 15222-2221

The Allegheny County Department of Human Services does not discriminate against anyone on the basis of a protected class including: race; color; religion; national origin; ancestry or place of birth; sex; gender identity or expression; sexual orientation; disability; marital status; familial status; age (40 and older); use of guide or support animal because of blindness, deafness, or physical disability.

*DHS funding information is available at www.alleghenycounty.us/dhs/funding.aspx
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Child and Adolescent Mental Health Services



Office of Behavioral Health



**ALLEGHENY COUNTY
DEPARTMENT OF
HUMAN SERVICES**

alleghenycounty.us/dhs



resolve

24/7 Crisis Intervention Service

By phone 1-888-796-8226 or walk-in at 333 North Braddock Avenue, Pittsburgh, PA 15208.

resolve provides 24/7 confidential mental health or substance use disorder crisis-intervention services for all Allegheny County residents – children, adolescents, adults, older adults and families. Supports include:

- › emergency support
- › short-term overnight services (age 14 or older)
- › referrals to professional counselors for ongoing assistance

Involuntary Examination/ Treatment (IRES)

For information and referral for mental health services through the Office of Behavioral Health, contact IRES at 412-350-4457, which is available on a 24/7 basis. If your child may need inpatient evaluation and/or psychiatric treatment, IRES can assist with this process.

Inpatient & Extended Acute Care

The goal of these services is to prepare individuals to return and maintain a quality of life in a community setting during their on-going recovery.

- › In-patient services help to stabilize symptoms of individuals living with a mental health illness/condition.
- › Extended acute care provides additional specialized support following an acute

hospitalization. This step-down service allows individuals to receive round-the-clock intensive psychiatric/behavioral health intervention for up to 180 days while they continue to recover and work toward their goals.

Community Treatment Services

Are available in many locations:

- › people's homes,
- › workplaces,
- › schools,
- › other community settings and
- › community mental health centers.

Include:

- › assessment
- › diagnosis
- › individual, group, family and play therapies
- › medication/prescription management
- › collaborative treatment planning
- › evaluation

May be known as:

- › Outpatient
- › BHRS (wraparound services)
- › Family-Focused/Family-Based
- › Community Treatment Teams
- › Partial hospital

Service Coordination

Children and adolescents with serious emotional disturbance(s) are often involved with a number of systems such as education, employment, physical healthcare, legal or court, Social

Security, Medical Assistance, and/or Medicare. Service Coordination helps to ensure child and youth are connected to various service systems as part of personal goals on their road to achieve wellness that the best interest of each individual as well as attaining his or her personal goals are the driving forces behind how the services from these various systems are delivered.

Community Outreach, Education, Consultation and Services

The Allegheny County mental health system reaches out to schools, employers and social service agencies to ensure that education awareness is available to all residents who need and want factual information that dispels the fear, prejudice and stigma that are often experienced by individuals with mental illness.

Behavioral Health Partnerships with School Districts

School districts throughout Allegheny County are offered on-site assessments and treatment of students, as well as consultations with teachers, principals, guidance counselors and parents.

Education specialists provide assistance to children and caregivers by navigating the special education process through negotiation with the school with the goal to achieve positive outcomes.

