

Press Release

“CREATIVE LIVING” Presents the 6800 Series

The up-coming #6800 series of ***“Creative Living with Sheryl Borden”*** will celebrate the 39th Anniversary of the show, which is produced in high definition, and will feature something of interest on every show for every member of the family.

This series will provide information on a wide variety of topics. The #6800 series, which will begin _____ at _____ on _____, will include sewing and fashion, foods and nutrition, home, hearth and health, along with information on crafts and a variety of other consumer-related topics.

Food-related topics will include information and recipes for preparing kale, red quinoa, chili rellenos, figs and gluten-free meals. Information on meals for vegetarians, the importance of family dinners and plating food for eye appeal will also be featured. Other topics include fun with candy melts, wonders with wontons, festive food recipes and ways to combat lactose intolerance.

In the area of sewing and fashion, topics will include making fleece quilts, background designs, making kids’ costumes and tips on how to dress ten pounds thinner. Other information will be presented on vintage stumpwork, fringe flower machine embroidery and making a quilt in 90-minutes.

Some of the topics that pertain to home, hearth and health include seasonal decorating with clear glass holders, selecting a color palette, re-doing a teen’s bedroom on a budget, and designing kitchen cabinets. Other topics will include ways to help seniors protect their vision, children, sports and good nutrition, as well as design tips for small space living, reclaiming old doors to create a new look, and much more.

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Crafters will enjoy learning to make greeting cards from fabric scraps, making yarn flowers, working with clayboard, stamping ideas, and custom needlepoint canvases. Other topics include making peel and stick lampshades, using stencils, making crystal floral jewelry, double dry embossing techniques, embellishing doll furniture and creating fabric textures. Many more craft-related topics are also featured.

Other topics to be covered in this series include making pomanders, terrariums, wrapped bouquets, hiring the right remodeling team, getting a handle on your debt, aromatic skin care - just to name a few.

As evidenced by the wide variety of topics, everyone can benefit from ***“Creative Living with Sheryl Borden.”*** An attractive booklet, titled *“The 6800 Series”* is available to viewers FREE of charge by downloading it off the internet. Viewers can go to www.kenw.org, click on the Creative Living tab, and then scroll down to “Booklets.” Any of the booklets can be printed free of charge.

An e-Newsletter is also available free of charge - viewers just need to subscribe by entering their e-mail address on the web page. The e-Newsletter is filled with up-to-date and interesting information from guests before their segments actually air -- so it's a sneak preview of sorts.

“Creative Living with Sheryl Borden” is a production of KENW-TV, Portales, New Mexico. The show is distributed by Westlink and is carried on more than 118 PBS stations in the United States, Canada, Guam and Puerto Rico. ***“Creative Living with Sheryl Borden”*** is listed in Wikipedia as one of the longest running shows on television. Viewers can see what's on the show by visiting KENW's home page on the World Wide Web. The address is: www.kenw.org and then click on ***“Creative Living.”***

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