

Press Release

“CREATIVE LIVING” Presents the 6700 Series

The up-coming #6700 series of ***“Creative Living with Sheryl Borden”*** will celebrate the 38th Anniversary of the show, and is produced in high definition, and will feature something of interest on every show for every member of the family.

This series will provide information on a wide variety of topics. The #6700 series, which will begin _____ at _____ on _____, will include sewing and fashion, foods and nutrition, home, hearth and health, along with information on crafts and a variety of other consumer-related topics.

Food-related topics will include information and recipes for healthy school lunches and snacks, Caesar salads, shrimp, crepes, dry beans and California king salmon. Information on homemade marshmallows, cooking with Freekeh, California figs, preserving fresh herbs and enjoying turkey year ‘round will also be featured. Other topics include living deliciously gluten free and making animal figures from fondant, as well as decorating cupcakes, and making treat pops.

In the area of sewing and fashion, topics will include making a kindle cozy, fitting jeans and easy applique. Other information will be presented on making a table runner using a simple curve tool and doing insertion lace machine embroidery.

Some of the topics that pertain to home, hearth and health include optical illusions and interior design, making custom cornices, one-step furniture make-overs, painting faux red bricks, and design tricks to re-shape your room size. Other topics will include ways to optimize nutrition, sustainable living, bathroom design tips, low cost ways to perk up the home and cooking in the aromatic kitchen.

more

Crafters will enjoy learning to add hardware embellishments to needlepoint work, Nuno felting, brush magic with Paintstiks, making felted flower pins and tinting fabric with crayons. Other topics include making no sew tee-shirt aprons and scarfs, making 16 cards in an hour, faux quilt pillow making, ways to stamp a quilt and some important facts about rayon from bamboo. Many more craft-related topics are also featured.

Other topics to be covered in this series include bud vase tips, things to know about pet food and common cat health problems, caring for jewelry, humor and stress, selecting jewelry and water-retaining plants - just to name a few.

As evidenced by the wide variety of topics, everyone can benefit from ***“Creative Living with Sheryl Borden.”*** An attractive booklet, titled *“The 6700 Series”* is available to viewers FREE of charge by downloading it off the internet. Viewers can go to www.kenw.org, click on the Creative Living tab, and then scroll down to “Booklets.” Any of the booklets can be printed free of charge.

An e-Newsletter is also available free of charge - viewers just need to subscribe by entering their e-mail address on the web page. The e-Newsletter is filled with up-to-date and interesting information from guests before their segments actually air -- so it's a sneak preview of sorts.

“Creative Living with Sheryl Borden” is a production of KENW-TV, Portales, New Mexico. The show is distributed by Westlink and is carried on more than 118 PBS stations in the United States, Canada, Guam and Puerto Rico. ***“Creative Living with Sheryl Borden”*** is listed in Wikipedia as one of the longest running shows on television. Viewers can see what's on the show by visiting KENW's home page on the World Wide Web. The address is: www.kenw.org and then click on ***“Creative Living.”***

###